



Module 3



***With
Kathy Forest***



Module 3

- Understanding the alchemical transformational process.
- Learning to identify and clear pieces that arise during the process
- Clearing the Priestess Archetype Meditation.



Call in Sacred Space

Open to
Receive



As You Activate the
Archetype of the
Priestess Pieces May
Arise for You to Clear

It helps to have some
tools...

and a sense of the
Alchemical
Transformation Process





Nature is an inexhaustible storehouse of riches. The supply will never run out. Original substance is alive with creative energy and is constantly producing more forms.

The formless stuff is intelligent; it is material which thinks.
It is alive and is always impelled toward more life.

The universe is a great living presence, always moving inherently toward more life and fuller functioning. --Wallace Wattles

Stages of Alchemy



Step 1: Calcination

A burning off of pretenses and unworkable belief systems that hinder our progress.





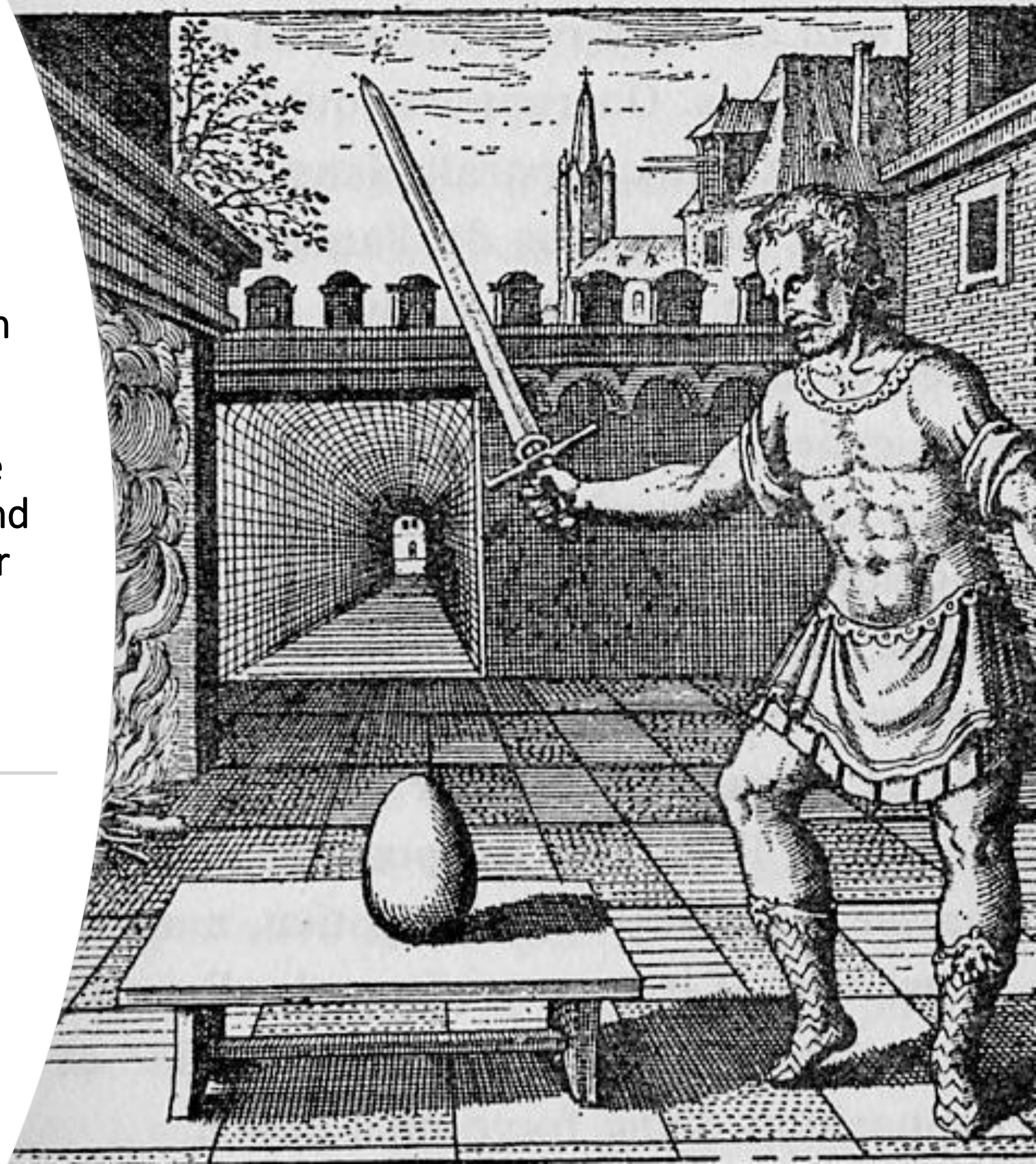
Step 2: Dissolution

Works on the heart
and id to release
buried emotions that
conceal or distort
our true nature.



Step 3: Separation

During this breaking down of the personality into its basic components, the alchemist becomes aware of the opposites within and separates them from their contamination with ego complexes and unwanted unconscious elements.



Step 4
Soul + Spirit =
Conjunction

Ego Can Stand
Between The
Union



Step 5: Fermentation
Associated with the [Dark
Night of the Soul](#)
psychologically.

“Here, we undergo a type of rebirth, resulting from the deep willingness to let go of all elements of [ourselves] that no longer serve our spiritual evolution. This marks the true beginning of inner initiation, of entry into a ‘higher’ life in which our destiny has a chance to unfold.”

[Mistlberger](#)



Step 6: Distillation

When you become distilled, you are grounded in both the earthly and spiritual worlds simultaneously. You have matured, no longer expecting life to meet egoistic expectations, and have released belief in negative self-regard.



Step 7
Coagulation

Fully
Claiming
Your Divinity



Clearing A Piece



**Notice what is arising in your consciousness.
Pay attention to your inner awareness.
Look for the Archetypal Pattern**

Correspondences

- As Above/So Below
- As Within/So Without
- As the Universe/So the Soul

Priestess Clearing

- Personal
- Collective



Image Courtesy of Nasa

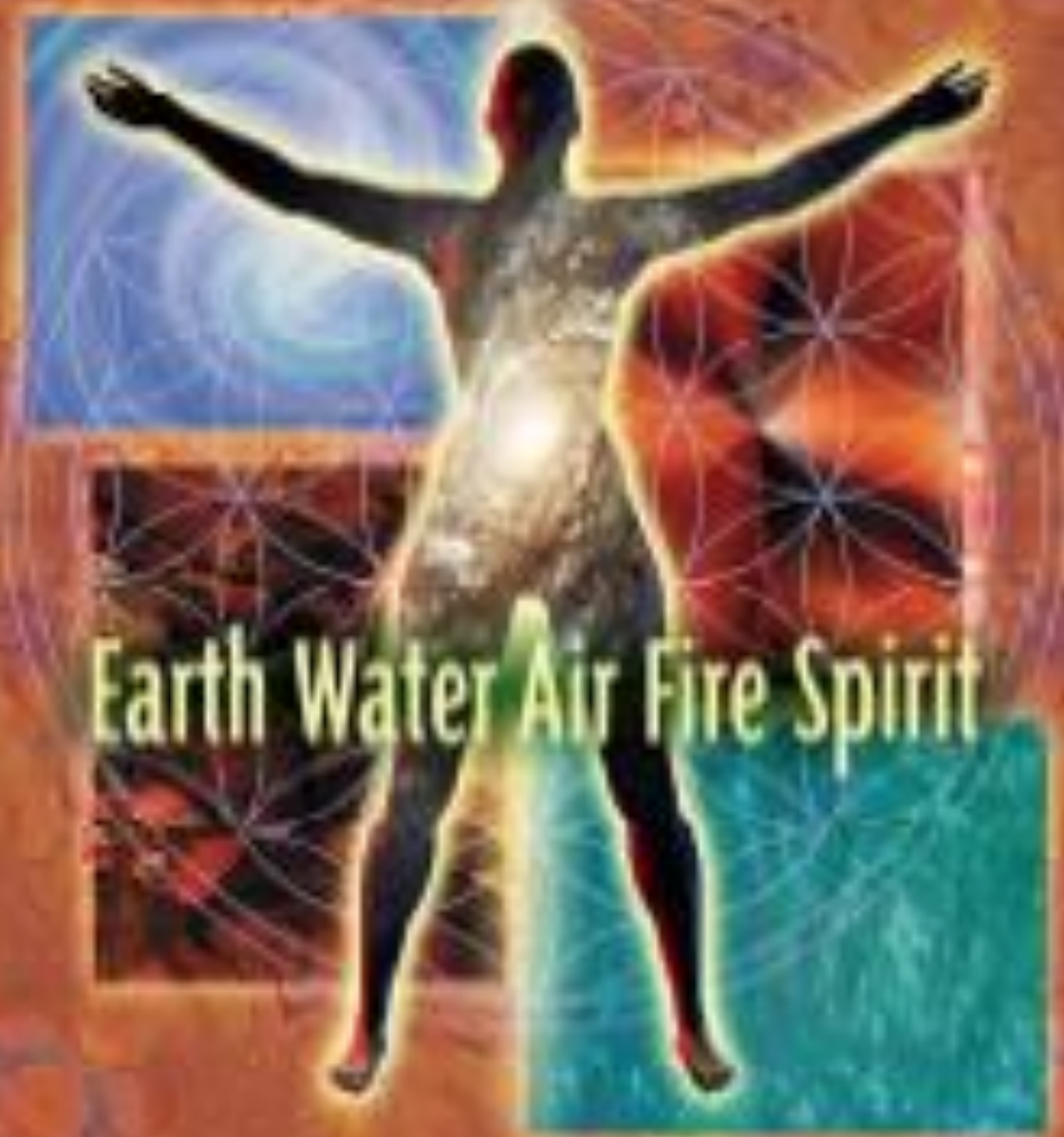


May be a old vow to the Goddess



-
- Family Lineage
 - Childhood Program
 - Past/Simultaneous Soul Expressions
 - Something in the collective field
 - Mass Consciousness Pattern

On Any Elemental Realm





Earth Physical

May need physical ceremony

Bury something

Clearing physical space

Give away old objects with memories attached or clear well

Water Emotional

Take a clearing bath,
Epsom salts, sea salt,
clay, essential oils

Feel your feelings, cry

Dance with your
feelings

No matter what you
are feeling be mindful
not to make it about
others





Air Mental

- Journal
- Clear old beliefs
- Deep breathing
- Dance to release old beliefs
- Mediate
- Call on the priestess oversoul
- Call on unseen help...Goddess, Nicole, angels, guides, ancestors

Fire Action

Dance, Dance, Dance,
DANCE!

Dance to release anger,
fear,
self-doubt, energetic
blocks

Safely burn paper or old
items

Light a contained candle



Spirit Realm

- Old spiritual messages
Notice, how is it influencing you?
- Clear
- Archetypal influences
- Goddess/God pieces
- Masculine/Feminine
- Express your essence to clear
- Make art, dance, sing, drum, collage, call on the Divine



Elemental Clearing

Earth Physical Realm

- May need physical ceremony
- Burying something
- Clearing physical space
- Give away old objects with memories attached or clear well

Water Emotional Realm

- Take a clearing bath, epsom salts, sea salt, clay, essential oils
- Feel your feelings, cry
- Dance with your feelings
- No matter what you are feeling be careful not to make it about others

Air Mental Realm

- Journal
- Clear old beliefs
- Deep breathing
- Dance to release old beliefs
- Meditate
- Call on the priestess oversoul
- Call on unseen help...Goddess, Nicole, angels, guides, etc

Fire Action Realm

- Dance, Dance, Dance, DANCE!
- Dance to release anger, fear, self-doubt, energetic blocks
- Safely burn paper or old items
- Light a contained candle

Spirit Realm

- Old spiritual messages
- Notice, how is it influencing you?
- Clear
- Archetypal influences
- Goddess/God pieces



Clearing the Priestess Archetype Meditation

A photograph of two women sitting in a living room, both focused on writing in journals. The woman on the left is wearing an orange sleeveless top and a colorful, multi-layered skirt with floral and abstract patterns. She is seated in a wooden chair with a patchwork quilted backrest. The woman on the right is wearing a light blue patterned short-sleeved shirt and dark pants, seated on a dark blue sofa with floral cushions. She has a white medical bandage on her left wrist. The background shows a yellow wall and a framed picture. The text "Journal Your Insights" is overlaid at the bottom in white.

Journal Your Insights



Ceremonial Preparation

- Artistic Intention Statement
- Gift for the Goddess
- Candle to light and lighter or match
- Prepare your space - turn off all distractions
- Prepare yourself with a ceremonial bath
- Dress as simply or elaborately as you like
- Call in if you want to share your intention with the group (otherwise you'll have a number to call to read it to me - so I can absorb the vibration)

Contribute to
Your Tracking
Sheet

Gratitude
&
Closure

