



# The Sacred Money Mysteries

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*Remembering the teachings of  
the Goddess...*

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# Sacred Money Mysteries

*~ Remembering the Teachings of the Goddess*

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- Meditation and Review – How Are You Doing?
- What are your values around Wealth?
- Myth Busting – Contraction vs. Expansion
- Forgiveness and Debt



# Calling in Sacred Space

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# Dance to Activate and Open Your Body Vessel

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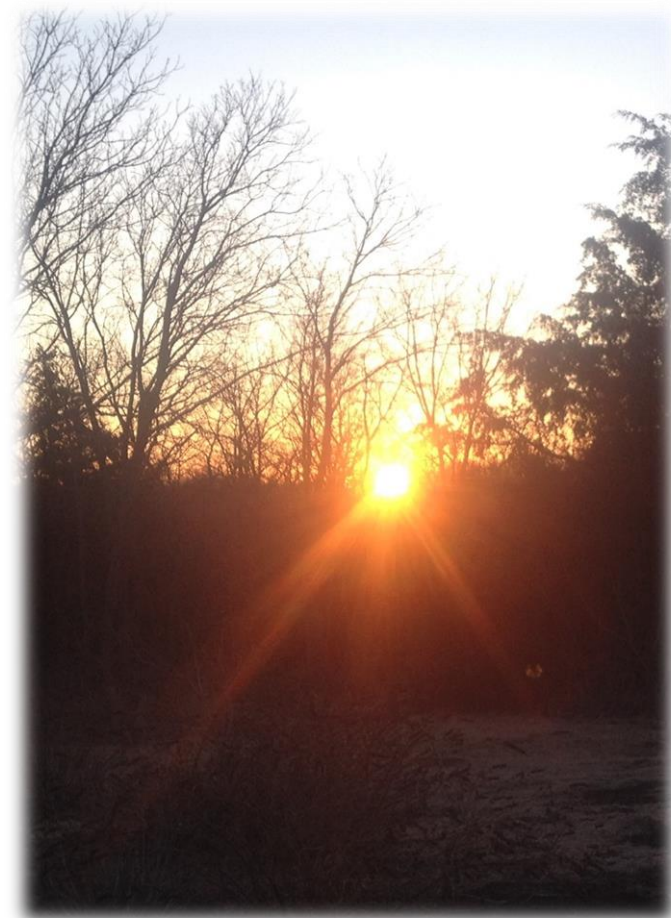




## A short check in...

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- Visualize your money mastery vision or money miracle goal. See yourself feeling it, living it now...
- Focus on what inspires you, who you are able to be now and how you are showing up more fully...
- Breathe and allow the feeling to expand in your heart...
- Breathe and let the feeling expand to fill your chest...
- Breathe and let the feeling expand to fill your whole body...give it a color;
- Breathe and let the feeling expand to fill the room you are in...
- As you feel it, begin to radiate it to all parts of your life...all the people you love...all the parts of your life you want to expand...feel how good it feels to be the source of that love and light...feel how good it feels to be expanded...notice that you don't have less as you give this, you have more...as you radiate it expands within you.
- Breathe and this time hold out your hands, palms forward, and imagine the earth as a small ball in front of you, and radiate this feeling to the whole planet, saying, "May all beings be blessed, exceedingly and unconditionally. Blessings unto all without exception." See this energy blessing everything. Feel how good it feels to be a channel of Grace.
- **NOW FEEL IT COMING BACK AND BLESSING YOU!!!**





## How's it going?

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- Are you practicing the 7 gifts? Have you set up one or more of them to set up your 21 day fast?
- Have you done the money worksheets?
- Have you been connecting with your Archetypes?
- Have you listed 25 ways to manifest more?
- Do you have a plan or a goal?
- Are you practicing the daily lift and have you developed a plan?
- Do you have some of your plan on your calendar?

Have you had a breakthrough?

Have you hit a threshold? Have you felt like this just isn't working? Or you just can't do it?

Have you used your coaching calls and your healing?

Have you found any shadows?

Have you had a miracle, but then felt like things might have gone backwards?

# Did You Track Your Money!



## Money Breakthrough Tracking Sheet

Month: \_\_\_\_\_

1st	\$	17th	\$
2nd	\$	18th	\$
3rd	\$	19th	\$
4th	\$	20th	\$
5th	\$	21st	\$
6th	\$	22nd	\$
7th	\$	23rd	\$
8th	\$	24th	\$
9th	\$	25th	\$
10th	\$	26th	\$
11th	\$	27th	\$
12th	\$	28th	\$
13th	\$	29th	\$
14th	\$	30th	\$
15th	\$	31st	\$
16th	\$	Total:	\$





# Pay attention to what is coming up...

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- Notice if you haven't been able to complete the assignment.
- Notice all the ways you have found to not do the work: I got sick, my children got sick, my mom needed me, my boss gave me a new assignment...
- This is not a cause for judgement, it is an opportunity for growth. **As long as you don't have awareness, you are re-acting, not acting consciously.**
- When we see the pattern, we can begin to understand and help ourselves begin to do what we really and truly want to do. If you find a pattern, it is not the truth about you! It's just a pattern. It's a coping mechanism your ego is using to try to keep you the same. So keep asking the question, "What am I afraid will happen if I really do\_\_\_\_\_."
- The more awareness you bring to something, the more that, that which isn't true about it begins to dissolve, and that which is true about it begins to emerge.



# Are you seeing shadows or values conflicts?

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- Ask yourself, “ If I get really wealthy and successful, I am afraid I might loose\_\_\_\_\_, or I am afraid I might sacrifice\_\_\_\_\_.” (values conflict)
- Now ask, “If I really go full out and do this, and really start making more money, I am afraid others may think I am \_\_\_\_\_.” (shadows)
- If you are procrastinating, not completing or not following through, I can assure you there are some shadows or some values conflicts that need to be addressed. If you would like help with them, show up live on these calls or use your private calls and I can help you personally.
- I also invite you to do the work ANYWAY!!! None of these things have the power to stop you if you choose for them not to.



# Wealth Myth: We have to adapt to outside conditions...

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- If the economy is bad, we need to adapt, cut back, budget down, give less, play it safe.
- TRUTH PRINCIPAL: *In order to grow we must expand in the face of contraction, instead of contracting or adapting. If we do this we will always be bigger on the other side.*
- Let's use the example of love, where, for us it makes sense. Here we have always been taught to love our enemies, to give love in the face of hate, etc. This, though difficult, makes more sense to us because we have not materialized love like we have wealth. The old, opposite way would be "an eye for an eye," you give what you get. This is the way we would adapt. Or we would run and hide and be a victim.
- But in the Goddess's perspective, we always want to ask, how do we expand in this situation? How do we play bigger, not smaller?



## This principal works with wealth too...

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- So when the economy seems to not be going so well, or you seem to have less in the bank, the natural tendency is contract, to cut back your budget, give less to charity, or when something comes up you really desire to do, to just say, (the classic line that kills your finances) “I can’t afford it!”
- The result, on the other side of this contraction is: **YOU ARE SMALLER!** Remember: Vibrationally, what we put out, is what we get more of. Even though it makes rational sense, energetically, what we are planting when we do this is, is a seed of lack and limitation which must bear the fruit of lack and limitation. So it doesn’t matter how logical it seems. If vibrationally we are contracted, then that is what we are creating in our future. So even if we do all the right and rational things to save and end up on top, we are actually creating the conditions to have less.





# Trusting the Law of Circulation

- This is about trusting the Law of Circulation rather than in appearances.
- This is a state of mind that is going to cause us to have less and less over time.

HOWEVER....

This is not to say that you don't do, your due diligence. It is important to be on top of what is happening with your wealth. But it does mean that your knee-jerk reaction is not to immediately cut back or go to the "I can't afford it place."

The process is more like...

- What is the situation causing me distress?
- Is this because of something I am doing or not doing? Where am I leaking?
- How can I amp up my spiritual practice to do the inner work and restore or improve my relationship with wealth and the Goddess? What is this calling me to look at or improve?
- Where can I expand my giving in order to prime the pump of wealth flow in my life?
- Then do the inner work to strengthen this new level.



## Focus on more...a bigger vision...

- You may also need to expand your mindset.
- You may need to look at ways you can be more resourceful.
- You may need to take out your 25 ways to create more and get even more creative.
- You may need to be more consciences with your time, resources and money...more thoughtful.
- You may choose not to make certain purchases, but not from a restricted place. You are focused on the bigger vision, and are asking not “How can I cut back?” but “How can I expand? How can I increase my income and grow my business?”
- Its about your state of consciousness and your vision – make it about expansion.



# One of the greatest errors in human consciousness...

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- ***JUDGING BY APPEARANCES!!***
- This causes continued contraction in the world and continued repetition of many of our most difficult problems.
- Because we keep reacting to the appearances, and then adapting to the appearances, keeping ourselves stuck at the level of appearances, and trying to solve the problem at the level of the problem, thus getting smaller and smaller and smaller.
- Thus, if you want to have more of your life show up, you can't react to what is appearing, you have to raise yourself and respond from the higher vision.
- You have to respond, not from where you are, but from where you want to be.
- You have to surround yourself with people, places and things that are congruent with where you are going, not where you have been.





# Why is this true?

- **Life is Infinite! You are Infinite! You are an infinite, individualized expression of ALL THAT LIFE IS! All the abundance, all the power, all the love, the peace, the beauty, the genius!! You are an infinite, never-ending, ever-expanding, all encompassing expression of LIFE ITSELF!!! This is forever unfolding.**
- This infinite being that you are has no relationship to appearances. The only thing appearances are is a relative projection of your perfection. The appearance has no power over you. It does not determine your potential. Your infinite being doesn't have anything to do with the appearance. Its not looking at the appearance and saying, "Well, I'd love to express myself, but I'm afraid the economy isn't so good, so I guess I'll have to wait." **Your infinite abundance doesn't know anything about the economy. It has no relationship to it, any more than LIGHT has relationship to DARKNESS! Your infinite being knows NO LIMITATION!**
- So we don't judge by appearances because the minute we do, we collapse the INFINITE into that small insignificant event.
- So we learn to live from the infinite source of our renewable being.



# All of the Goddess is trying to pour through you...

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And every time you try to adapt to conditions, you shut that down!

Most people are in the process of adapting to the appearance, then setting their limits and determining their capacity based on the appearance, **the relative projection of your infinite perfection** – an old thought – an old belief – most times its not even your belief but a universal belief that you have adopted from others or society.

Then most people are determining what is possible, determining who they are, what they can do, based on what appears, on what has happened or is happening – but this has NO POWER AT ALL ON WHAT YOU CAN BE, DO, HAVE, OR EXPRESS in the future. NONE!!!

## So if you adapt you give it power...

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- And you give away your power. You shrink all of your infinite being down to the size of out-picturing appearance – whatever it is, and that is where you remain.
- Until you remember that you are the DIVINE POWER-PLANT!
- And a power-plant and a power-plant doesn't receive energy, it GENERATES it!
- So you get to set the tone anew everyday, no matter what appears.
- So this means we can't become a victim anymore.
- It truly means our consciousness is the ultimate control over our life.
- It can inoculate you against any mind virus of lack.
- So you must learn to respond with abundance ALWAYS in the face of any lack. Just like we learn to respond with LOVE in the face of all FEAR.





# Everyday we have a choice...

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**Choose this day who you will serve...**

- **Truth or the Lie**
- **Love or Fear**
- **The Goddess or appearances**
- **Infinite Abundance or a condition of lack**

The world will tempt you everyday to buy into the lie, or lack, or separation.

To believe that your good is somewhere in the future, or you don't have enough, or you aren't enough, or you need someone or something outside of you to save you.

This belief system is an old, old habit...as old as this planet...as old as the materialism and capitalism that is destroying us.





- Act from who you truly are.
- Act from your future not your past.
- Surround yourself with people, places and things that reflect that vision.
- Plan your life consciously. Reverse engineer your life to reflect the person you are becoming.
- Live and act as if you are supported and abundant and life is getting better all the time.
- This is not about being irresponsible or engaging in magical thinking. It's about knowing the truth.
- It's about living from that place that defies all appearances – YOUR SPIRIT—YOUR SOURCE.



## An Exercise...

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- Close your eyes, scan your life and notice where you are contracting or constricting in the face of a contracting appearance.
- Notice, how as a result of this contracting experience, you have pulled back and pulled in, and how you did that. How are you adapting or constricting, shrinking the opening through which your life can flow?
- Now notice how, in that area, you may still be looking at appearances, and saying, “that’s the problem.” (ie, the economy, my boss, my partner, my upbringing, my lack of education, and on and on and on)
- Notice where it began, what the incident was, and how it has continued to shrink.
- Notice if you have maybe been doing all the right things, but emotionally, energetically or even in your thoughts you are contracted – fearful, etc. – remember no judgement, just awareness.
- Ask, “What am I afraid of happening here? What am I afraid will happen if I do what I really want here? What would I make that mean about me?” Or “What would I make it mean about me to expand in the face of contraction?” “What am I afraid people would think of me?”
- Now visualize the situation again and visualize it changing, where you suddenly get everything you need. Really see it and feel it. At your own pace, radiate and expand that feeling within you. Feel what it would feel like and see who you would be and what you would do, then let that energy fill you up.
- What are the qualities you are feeling and expressing in that vision.
- Expand and radiate those qualities. Then put your hand on your heart and receive it back.
- Ask, If I really believed this was true in this situation, what would I do in this situation, how would I show up?



# Debt is a sign of unforgiveness...

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When you believe that somebody has done you wrong or you've done them wrong it is a story of "You owe me," or "I owe you." If you have that, you have debt. You are saying, you are not complete until you get something outside of you back. It's a state of lack.

AND, Unforgiveness is a state of CONTRACTION. You have contracted in that experience – you have shrunk your heart...you are withholding your love and your giving. You are not "fore-giving." You are forgetting or withholding.



# What does forgiving look like?

It has many modalities:

- Praying for our so-called enemies
- Praying for those that seem to hurt us or withhold from us
- Radiating positive energy to those that may not rationally seem deserving of it
- Doesn't mean hanging out or having lunch, but it can
- But you reclaim that fragment of your consciousness that believes that they have a piece of you or took something away from you
- You release the karmic, emotional, and financial debt so in your heart, no one owes you anything and vice versa.
- It's ok to follow through on a legal binding agreement as long as you do it with the right consciousness



# If you are contracting, you are creating more debt and more lack in your life...

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If you demand payment on a debt from a place of anger, fear, or revenge, like “they owe me,” then you are contracting.

But if you have a clear agreement and are coming from a place of love, seeing them as the opening through which the Universe is giving back to you, then it is a healing contract for both parties. The way to know if you are here: If you never get a dime, you will still be in love and in peace.

You are simply enforcing the agreement to be accountable and in integrity...as Kendal Summerhawk says, “to hold the other person as powerful, even when they don’t,” but you have no attachment to the outcome. This is EXPANDING in the face of contraction.





# The only thing we owe anyone is love, respect, and beholding their divinity.

**And when you don't forgive yourself, you are saying, "I owe."**

- This is a state of energetic and psychic debt.
- It creates debt financially, emotionally and even physically.
- Remember whenever you hold yourself or someone else in debt, there is a payoff. You are saying, that if you forgive them or they forgive you, that you or they were never hurt, and therefore, you cannot be a victim, and if you are not a victim, then there is no excuse not to thrive and go for it. If we have no excuse, we have to go for it, and risk failing. And that of course will bring us face to face with our **SHADOW!** (failure, loser, unworthy, not good enough.) Do you see the cycle? This is the pain that has been driving you all along – that probably caused the “debt” to begin with.



# It is that pain (shadow) that drove you to the debt-causing situation...

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- It is also that pain that is ultimately driving you to the discovery of who you really are and your deeper potential.
- So now you stop, and you turn and embrace the Shadow (the loser, the failure, the worthless one who can never seem to get it right) and discover where it started...
- Discover it's gifts, blessing and lesson, and allow it to be re-integrated.
- **YOU BECOME WILLING TO BE WRONG ABOUT YOUR WHOLE STORY** because the only way to get to real forgiveness is to be wrong.
- I was wrong that I am lacking in power. I was wrong that I needed something outside of me to make me whole. I was wrong about that other person or myself.
- You embrace the shadow and discover a deeper, truer story, and activate greater power and potential.
- **YOU ARE NOW FREE!**
- **Now you can even feel gratitude for the situation. You can truly understand what it means to love your enemies. They have become your allies. You remember that everything is conspiring for your good.**



# You become unstoppable...

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*When you remember that the whole Universe is conspiring for your good! ALWAYS! No matter what it may appear to be out-picturing as right now!*

*You become a VISIONARY in your own right.*

*You become an opening through which Universal power and vision can flow through...and*

*Nobody and nothing in this world can ever make you a victim again.*





# Forgiveness is not...

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- You being superior to someone and saying you are going to let them off the hook.
- Saying that “they did you wrong,” but you will forgive them. Remember, it is realizing that nothing was actually done to you or by you. It’s realizing that it was just the Universe conspiring for YOU to awaken to your freedom, if YOU are willing to embrace it.
- Condoning bad actions, or precluding consequences. You may close bars, but not your heart.





## *Home Play*

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- Print part five of your workbook and handouts, and do the exercises.
- Finish homework assignments
- Continue to journal with your Sacred Money Archetypes Daily
- Continue the Money Tracking Sheet.
- Make an appointment to get a reading or a healing if you haven't done so
- Do the Debt Forgiveness exercise
- Start or continue your giving rather than getting practice
- Share your experiences on the Face Book Page.

# Gratitude & Closure Ground

