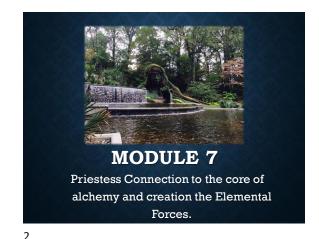
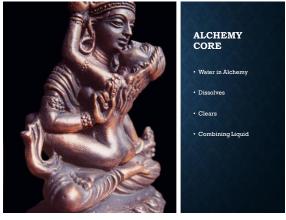
2/27/2020

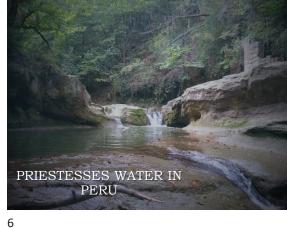












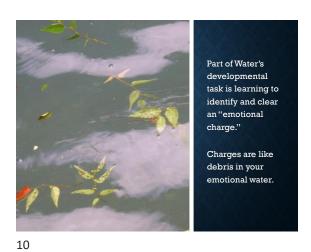




Water teaches you to respond to situations and life instead of react.

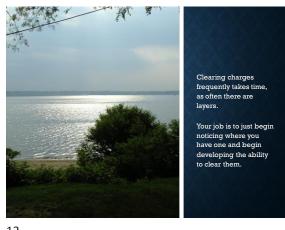
Sometimes a reaction can be unconscious because the energy was it was simply the family emotional pattern.

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Your task is to learn to follow the thread of consciousness inside until you find what it is and clear it out of yourself so there is no more charge.

Cellular Shift



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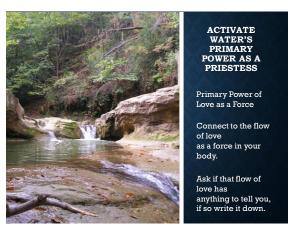




Increasing self-love begins to reflect in your outer world. Find ways to appreciate and fill yourself with love.

It is helpful to make conscious choices to love yourself no matter how else you are feeling.

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