



Body Wisdom Energy Class Module 3 Schedule

Tuesday, July 17, 2018

10:00-10:30 – Check-In
10:30-11:15 – Yoga
11:15-11:30 – Learn new technique – Brain Balancing
11:30-1:00 – Chelations with new technique – Round 1
1:00-2:00 – LUNCH
2:00-3:30 – Chelations with new technique – Round 2

Dinner – on your own

Wednesday, July 18, 2018

10:00-10:30 – Check-In
10:30-11:15 – Yoga
11:15- – 12:00 – Learn new technique – Spine Cleaning
12:00-1:00 – LUNCH
1:00 –2:45 Chelations with new technique – Round 1
3:00-4:30 – Chelations with new technique – Round 2

Dinner – Together (optional)

Optional: Campfire and dance out at Bhaktivan

Thursday, July 19, 2018

10:00-10:30 – Check-In	11:30-12:30- Question and answer session/Final Instructions
10:30-11:30 – Go over reading	1:00 – Close for the day