

## Body Wisdom Energy Class Certification Protocol

You are totally welcome to take this class for your own personal edification and do as much of the work as you care to. Just like any other spiritual practice, the more you do, the more benefit you receive.

You can also choose to get a certificate of completion by simply filling in the tracking sheet and turning it in at the end of class via email. Once I receive it, I will email you a certificate of completion.

If you decide you want to become a certified Healing Practitioner, there are a few extra criteria you need to meet:

- 1) Fill out tracking sheet and return to me via email.
- 2) Read assigned chapters in text (Module 4 Chapters 14-16, p. 129-152 in <u>Hands of</u> Light), answer questions at the end of chapter and email to me.
- 3) Give and receive 3 energy healings, using the techniques we are learning in the current modules.
- 4) On-line students will be learning distance healing right out of the gate to make sure you have ample practice!