



Business *On-Purpose*

The business you love – the pay you deserve...
with Kathy Daugherty



Part I: The Moving Manifestation Matrix Medicine Wheel Basics

Calling in Sacred Space



Open your Creation Vessel

To Receive



Introduction

Your life is not an accident. You came here with a plan. You were born with a divine mission... a sacred purpose. And, you know it!

This class is going to assist you in remembering that mission and creating a vision that can serve as an anchor and a catalyst to move your life in the direction of that mission. Once we align ourselves with our mission and our vision our lives are synchronistically drawn toward opportunities and life experiences that are full of purpose and meaning for us. Things begin to lighten up. We find our sweet spot and life becomes easier.



Part one of this workshop is designed to introduce you to:

- The basic Medicine Wheel, Nature's Moving Manifestation Matrix, and how energy moves within it;
- The basic characteristics of each elemental energy and how to work with it;
- The basic flow and pattern of creation;
- Filling in all the pieces to create a business or life goal.
- Utilize this formula to harness the elemental forces and remember your mission and your vision: **YOUR WHAT AND YOUR WHY.**



Course Outline

- Class 1: Remember Your Mission
- Class 2: Earth Your Vision Class
- 3: Create An Abundant Flow
(Attracting Divine Right Clients)
- Class 4: Focus on Success
- Class 5: Take Divine Right Action



Your Higher Self The Over-soul of your Business



Set Intention for our Time together

Medicine Wheel Basics – A Structure for our Process

Most of us grew up in a linear world. Life is a straight line. For our purposes today, we want to connect the beginning and end of that line and form a circle to contain our work. Working and thinking in a circle gives our process depth. It allows us to hold things within a safe container. It helps us remember that life is the land of "do-over." And we can always start again. It also reminds us that there is a center point, a still point, in the middle of the circle. That spot is the seat of wisdom. It is where we can go to find the answers. It is the place we will be visiting today.



Everything you know and understand to be physically real and tangible is formed from the Universal Field of Creation. That sounds like a lofty statement but what it really means is that everything has five basic ingredients: forms of Earth, Water, Air, Fire, and Ether (Spirit/Intend). These are rock bottom...at the foundational core of everything and every person...every creation. Every single thing you can think of has a specific balance of these basic ingredients that make it what it is. If that balance changes, it changes the object. For instance, there is a certain configuration of these elemental energies that form spinach leaves. Change the balance by plucking those leaves from the ground and putting them in a bowl of boiling water and literally change the physical object into spinach soup – not bright shiny leaves.



Everyone uses these elemental forces anytime they create anything whether they are aware of it or not. Knowing how to use them effectively and efficiently can make the difference in how successful your outcomes are and if you are really effective in creating what you truly want. And when you consciously connect with these forces and harness their energy to assist you, your outcomes can greatly improve.

Our ancestors knew that there was much wisdom in connecting with the energies that Source our planet. They knew that everything on this planet, including us, is made and resonates with some form of all of these elements. They also knew that, in order to stay in balance within their physical bodies, as well as keeping balance in the planet, it was, and still is important to resonate with and access information from these elemental energies. Because of the cyclical nature of how we experience these energies, it only makes sense that we access their energy in a circle or wheel.



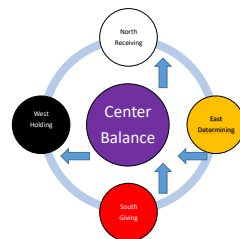
Historically, the energy or basic essence of anything was known as it's "*medicine*." Hence this configuration is commonly known as a Medicine Wheel. Each of the larger stones represent one of the basic five elements. The smaller ones represent steps on the path to enlightenment by each of the elemental forces. This pattern became a very powerful alchemical tool to harness vibrational information because of the nature of containment within the circle.

Thus this pattern is scene in various configurations throughout most spiritual traditions.



Medicine Wheel Basics

The Medicine Wheel has become many things to many people. One of its powerful uses is that of a receiver or amplifier of spiritual information. Think of it as the "hard drive" in a computer, or the basic structure that the elemental forces flow into. You will notice that on this template, there are five directional positions as well as a description of how energy works or flows in that particular direction. Another way to understand it is that, in a wheel, not only does energy flow around it, in a circle, holding it together, it also flows from the East to the West, just like the Sun appears to move across our sky, and South to North, just as plants grow from the ground up.



Placing the Elemental Forces of Earth, Air, Water, Fire, and Spirit in this basic template is how you determine how they are going to work with each other. If you have studied any Earth Traditions that use the Wheel as a template, you will see every configuration of these energies imaginable. They are all different because they were used for different purposes and to harness different outcomes. Where you place these energies does make a difference if you are working to have a specific outcome. For our purposes of creating on this planet, we are going to use this template. Thus we will be determining with our actions, giving with our emotions, holding with our mind, and receiving with our bodies.

This is the Alchemical Process of Creation.



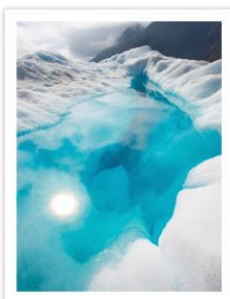
Moving Manifestation Matrix



CHARACTERISTICS OF THE ELEMENTS

SPIRIT - Calling the Sacred into every aspect of your life, relationships, and business.

The Unified Field – Holds all elements
Co-Creation
Connection to Higher Self
Compassion
Creativity and Sacred Union
Desire
Divine Feminine and Masculine
Grace and Trust
Life Purpose
Personal Divinity
Personal Responsibility
*Super power - Power of Choice**



EARTH - Your Connection to the Physical Realm
Honoring Nature and the Earth and holding the physical matter of your life as sacred.

The Ability to Stand on Your Own
Structure and Form
Beauty and Aesthetics
Body Wisdom
Containment and Wholeness
Foundations
Grounded-ness
Cycles and Timing
Nature
Stewardship and Tending
Touch



WATER - Your Connection to the Emotional Realm
Honoring the sacredness of Water and your emotions and feelings.

The Ability to Run Clear, Clean and Current Energy
Abundance and Fertility
Emotional Awareness and Maturity
Ebb and Flow
Nourishment
Holding Space and Floating
Play
Power of Love
Regeneration
Source
Relationship to Others and Self
Surrender



AIR - Your Connection to the Mental Realm
Honoring the element of Air and the sacred power of intention and vibration.

The Gift of Mental Focus
Breath and Communication
Focus
Freedom and Peace
Meditation and Prayer
Perspective
Power of Intention
Soaring
Thoughts
Vibration
Vision
Whole Brain Integration



FIRE - Your Connection to the Action & Energy Realm
Honoring the element of Fire and the sacred power of energetic transformation.

Fire - The Power of Action
Dynamic and Energized
Growth
Illumination
Life Force
Passion
Power of Intention
Movement and Action
Radiance and Warmth
Sensuality
Spark of Life
Transformation
Strength of Will



You will notice that I have numbered each of the elements. This is the order that one would follow, if one were going to use the wheel to create a particular outcome.

First, you would re-align and remember your purpose.

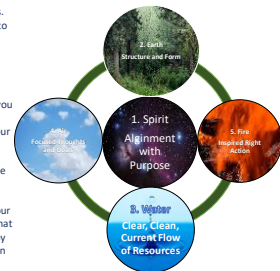
Second, you would determine and design the structures that are necessary for us to create a flow of energy, resources, clients, etc.

Third, you would determine what kind of energy or flow you want to attract.

Fourth, you would lay out goals and outcomes to focus your mind on and work toward.

Fifth, you would decide on focused action steps that are going to give you the maximum amount of outcome for the least amount of effort.

For the next few weeks we are focusing on the center – your reason for coming to the planet. We are going to define that in very concrete terms so that anytime we get distracted by the many things we are involved with we can come back and anchor ourselves to that Mission and Vision.



Meditation

Remember Your Mission

"You do not create your mission, you detect it."
--Victor Frankl

Today we are going to help you remember why you incarnated upon the planet. We are then going to put it down in writing so you can see it and remember it. To do this we are going to use the basic format of a mission and vision statement. Let's begin by learning what a Mission Statement is and what it is not.



The formula for your mission statement is 1 + 2 to, for, or with 3.

My mission is to:

(your three verbs)

(your core value or values)

to, for, or with

(the group/cause which most moves/excites you)

Some Examples:

To create, nurture, and maintain an environment of growth, challenge, and unlimited potential for all those around me.

To inhale every sunrise, and look under every rock for the joy life has to offer.

To uphold, discover, and support trust, honesty, and integrity in all relationships.

To ignite, inspire, and restore Spiritual Connection and Right Relationship with the Earth in those whose lives I touch.



As you work, please remember:

- A good mission statement will be inspiring, exciting, clear, and engaging.
- It will be specific to you and your particular enthusiasm, gifts, and talents.
- It should be broad enough to encompass a lifetime of activities. (Jesus's Mission Statement was "...to give life, and give it more abundantly.")
- It should be powerful and encompassing and cover both work and personal life.
- It centers around the process of what you need to be doing, not the end result.
- You can't get it wrong. If it is not right, you will be guided to what is.

Once you are complete, write your Mission Statement in the space provided on page 11.



The Vision Statement

"Not to have your own vision is to live somebody else's."
--Laurie Beth Jones

While a mission statement is centered around the process of what you need to be doing, a vision statement is *the end result*. The vision is what will keep you going when the mission statement feels too big to ever accomplish.



Some key things to remember...

- Write it down! Keep it where you can see it everyday.
- Always write it in present tense, as if it is happening now!
- It covers a variety of activities.
- It is filled with descriptive details that anchor it to reality. Consider making a collage or some kind of creative work to further allow your subconscious to get in on the action.

The following is an exercise that will help you create vision statements. Remember, your point of power may very well be when you discover *what you don't want*.



Vision Reflection Exercise

Below you will find the questions beginning on page 12 of the handout. Take your time and answer them as honestly as you can.

- Who is living the life you most envy? This could be several people, depending on the portion of their life you are most envious of. List them and what you envy about them.
- Describe what you think it feels like
- Who is doing the kind of work you most wish you could be doing?
- Describe what their work life must be like.
- If you only had six healthy months left to live, what would they look like?
- What do you want more of...
- In your relationships...In your work
- What do you want less of...
- In your relationships...In your work
- Describe your ideal work setting:
- Describe your ideal work day:
- Describe your ideal co-workers:
- If money were no object, what would you be doing with your life?



- What would you do if you were ten times bolder?
- In your primary love relationship...In your work setting...In your community...In your family...In your place of worship or spiritual community
- Imagine this is Monday morning, 9 a.m. three years from now. Where are you? What are you doing? Who are you seeing? What are you wearing?
- It is now noon, the same day. Who are you going to see? Where are you going for lunch?
- It is now Saturday, 6 p.m. Where are you? What are you doing? Who are you seeing? What are you wearing?
- You are now a very old person, walking with a school child who asks you, "What are you the most proud of about your life?"
- You are about to die. What did you accomplish before you left?
- As a result of your having lived, three things have changed or shifted in the world. What are they?



I am going to read you an example of a Vision Statement that is predominantly job related. Using it as an example, work to create a vision statement that encompasses your whole life. Think of a perfect day for you. What would it look like? What would the perfect job look like? Get detailed. How much money would you have? How would you spend your time? If you could ask a magician for the perfect life, what would it be?

Once you have your vision statement, you may want to anchor it further by creating a treasure map collage so you can visually call this into your life. You can create one that you see everyday and hang it in a prominent place. Your Mission and Vision Statements go in the front of your planner or in a place where you can review it everyday.



Your Next Step "Putting Your Vision and Mission to work."

You have just determined what you are going to "be about" from now on. For some of you, this is plenty to keep you busy for awhile. For others, you may be ready to translate this into some form of income for yourself. This series is designed to help you do that. So if the above exercises have told you "what you are to be doing" the next one will describe "how."

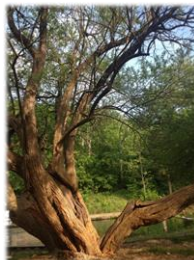
If you were going to describe your dream business, what would be? What would it look like? (Use page 18 or write this in your journal.)



Homework for this Week:

Begin on page 8 and do the exercises again. This time you are going to formulate a vision and a mission statement for your business, based on what you know you should be doing.

Use the space in the workbook or your journal to do this. If you go through the worksheet and feel you need help, we will work on this first thing together next week!



Ground and Close