



SHIFTING A BELIEF
SYSTEM

• Acknowledge the old belief

• Ask how it has influenced your life

• Tune into your inner voices

- Adult ego voice, inner child ego voice, inner child ego voice, inner ego voice, critical parent ego voice.

• Release the old belief

• In-put the new belief



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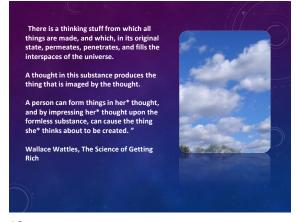
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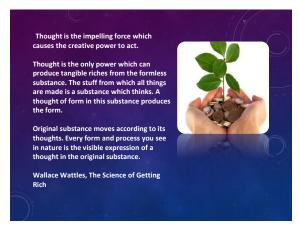


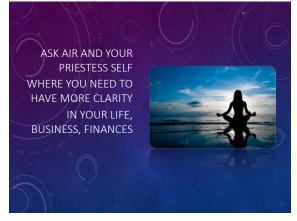
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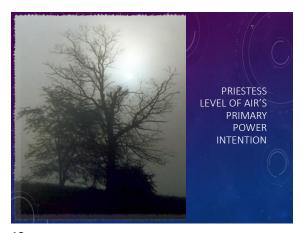
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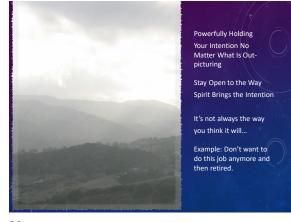
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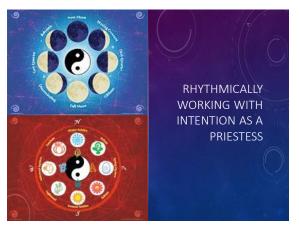


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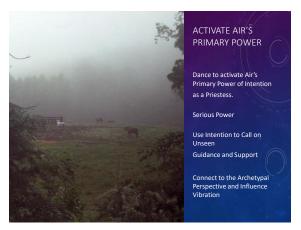


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