Hello!

I am so happy you have decided to work with me to discover how you can get out of your own way! Please fill out the information below. Please note that this is a Word Document so you can type directly on it. Then copy and paste this form into an email and email it back to me at [three-feathers@hotmail.com](mailto:three-feathers@hotmail.com). I will respond promptly with a few time options. Please understand that there are a limited amount of these sessions. But I will do my very best!

Name:

Email:

Phone number:

What is your biggest challenge right now?

What is the one thing you wish you could change about your life?

How would you feel if you could make this shift / change / transformation?

How would your life be different if you could make this shift / change / transformation?

What would you most like to accomplish during our call?

How comfortable are you with taking risks?

What is the accomplishment in your life that you are proudest of achieving?

Are you willing & able to invest in a coaching program to work with me, if it would dramatically improve your life and/or help you to overcome a major challenge?