



For those of you that are dancing today, you should have 7 light arrows to dance with and then keep and put on your altar, one for each intention. We will begin with arrow 1. You will want to stand in the direction of that arrow on your own birth wheel. (This is why you wrote the direction at the top of the intention card, so you would know where to stand.) From then you will progress, 2-7, one for each song. When you are finished dancing each dance, place your arrow just danced in the center of your wheel.

The TONAL SPHR is used when you want to understand the nalpitched dancing each dance, place your arrow just danced in the center of your wheel.

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Here we go! Remember we are shifting our focus. We are gaining a whole new perspective of our life and choices!

Dance 1...

1. Objective Input Stimulus
Attention
When something happens, it catches your attention and you focus on it. Knowledge beckons. This is the starting place of your perception. You are in the moment of perceiving what is happening.

2. Subjective Perceptual Reaction INNER PERCEPTION Focus of Intent
A perceptual filtering process occurs internally. You go inside into introspection. You search for the substance of that which has caught your attention. Your inner perception is how you make sense of what happened. This is what will help you formulate your focus of intent.

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3. How you feel about it

Attraction

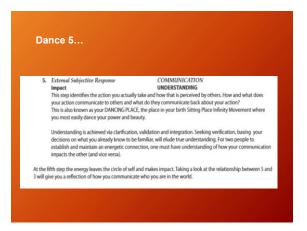
Notice that three has a box around it. This step frames, defines or gives form to your perception.

When applying the "spinner", this 3 is always placed in the direction you want to understand.

It is the SITTING PLACE it is where you sit on the Wheel when you ask your questions so that you gain perspective of how you deal about it. The box around the 3 also refers to the boundary and limitation of the focus of your attention on the attraction. The movement from 2 to 3 reflects your inner dialogue that occurs when you are trying to make up your mind about what you will do.

4. Internal Subjective Response INNER RESPONSE
Empowerment DETERMINATION
The question now is "Whatcha gonna do?" You make up your mind, choosing either beauty or pain, balance or disharmony, knowledge or ignorance. You make a determination about how to respond. Do you co-empower or do you choose co-dependency?

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6. The Effects of your Action
Dominion
MAGINATION
What happens as a result of your actions?
Pay attention to the reaction or feedback you receive from others.
The number 6 has a triangle around it. This designates the WORKING PLACE. This position, directly opposite the Sitting Place, identifies the area of solution. It holds the way out. This steps shows the affect of your choices and action. Did you have what was necessary to be in dominion, or are you being dominated or dominating? To be in dominion is to be in change, at cause, in the center of your own circle. You are neither at the effect of others (dominated) nor are you choosing to step into another's circle (dominating).

Notice that this step leads you right back to the starting place. Have you taken the focus to a higher level?
Do your actions lead you to freedom?

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Dance 7...

7. TONAL SPIN Male, active-conceptive energy PRODUCT OF ACTION
This refers to the focus behind the action, the product of your action.
Does your action produce something viable?
Does it help you to progress in your self-growth and development?

Dance 8...

8. TONAL SPIN Female, receptive-creative energy RECEPTIVITY TO CHANGE Receptivity to the necessary changes is essential to breaking pattern and embracing new ways. This refers to the intent behind the behavior.

This dance is done circumambulating your wheel in a clockwise direction.

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ound y		rrows: They will I	be showing up all
Arrows	7 Arrows of the DARK Our Karma Circle Circle of Foxes: At the Effect	7 Arrows of the LIGHT Our Dharma Circle Dance of Coyote: At Cause	7 RAINBOW Arrows Transformation Circle Walk of the Wolf: Co-empowerment
The 1st	Attachments Strong Needs Often motivated by ignorance	Self-Awareness Concept of Self	Gaining Illumination Through pleasure & knowledge
The 2nd	Dependencies Strong Wants Caught in Adoptive Triangle HEAD HEAD HEAD HEAD HEAD HEAD HEAD HEAD	Self-Appreciation Concept of Self-Worth Find value inside Self	Gaining Introspection Through proper alignment with the four Worlds of Grandmother Earth
The 3rd	Judgments Strong separation The Ego in putting others down in order to feel OIE.	Self-Acceptance Concept of Self-Science Disdice what you knew/know is the best you could/can do	Gaining Trust & Innocence Through the Give-Away of your beauty to self. life & others without qualifications PRINCE TON THE TON
			Trust: knowing there is an absolute interconnection kinterediability between one for of one thing and all forms of all things innocence; to be within the center of you own essence. Perfection: Walking your talk.

The 4th	Comparisons Strong group identity At the effect of time, space & others. Needs support systems to verify their judgments & separations Self-serving	Self-Pleasure Concept of loving Self for pleasure's sake	Gaining Wisdom, Alignment, Balance & Harmonic Resonance Through alignment with all forms of all things
The 5th	Expectations Strong past/future Needs not met Caught in delusions	Self-Love Concept of Self-Confidence Knowingthefivehumannesponses to any action: love-hate, like- dislike, & not caring or neutrality	Gaining Full & Open Heart-to-Heart Communication By touching yourself, life & others with your healing energy of self
The 6th	Needy Child Syndrome The absolute need for love, secognition, acceptance, security & support from others as a way to define & identify self Self-indulgence	Self-Actualization Concept of Self-Respect Doing exactly what you want & having fun. Being successful.	Gaining Total & Full Balance of Energy ThroughtheuseofChathaqui-Quodoushko energy in your everyday life Spiritual-Sexual Eros to materialize you knowledge
The 7th	Ego Self-Importance Isidding all six dark arrows in time/ space of tonal/hagual enemies. Having your buttons pushed by the tyrants office, eg., the weather, time, your inner dislogue, other people and situations, etc.  Caught in self-destructive patterns.	Neverbeing at the effect of anyone or anything, anywhere, anytime	Galning Abundance & Prosperity in the Personal Draim Fleding your Secred Dream 6 phing away to the Collective Planetary Dream Collective Hanetary Dream Collective Hen begins to feed you Personal Dream Your Dream is awaket

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