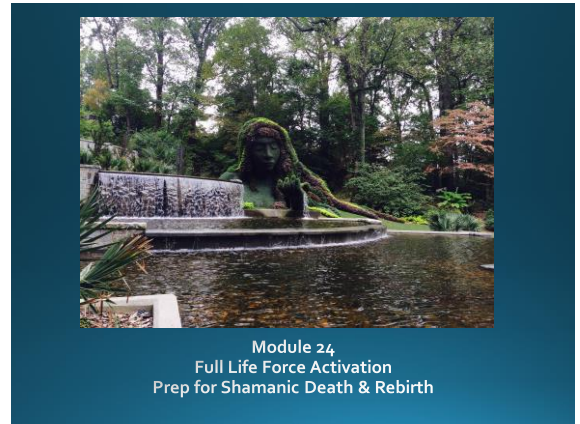
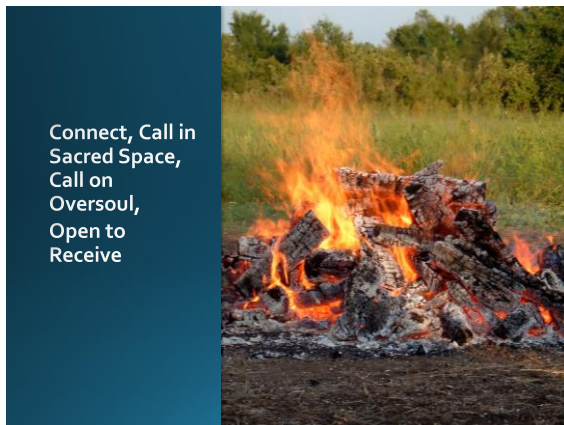




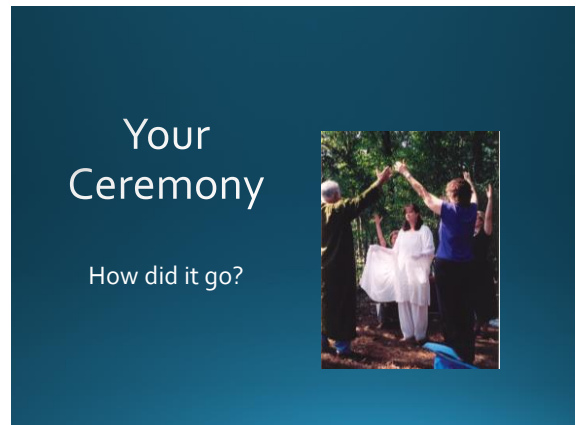
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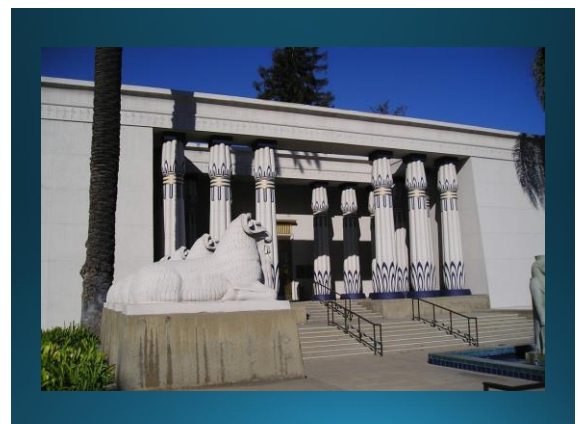
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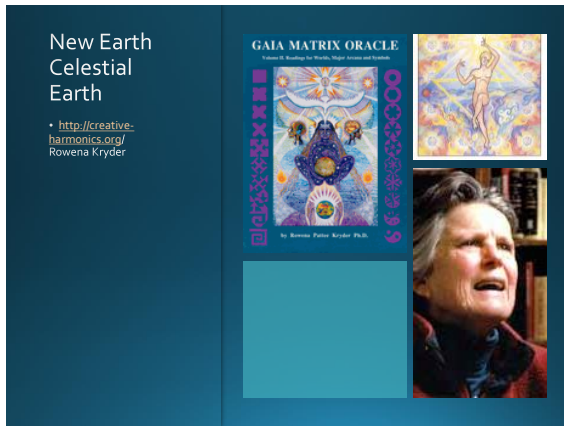
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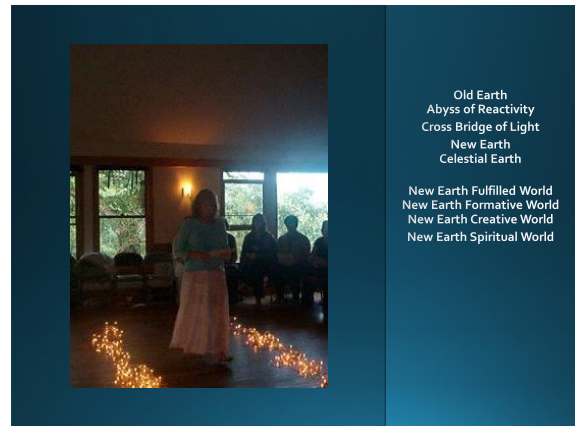
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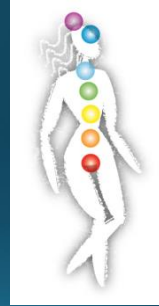
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Shed Old  
Energetic Frequencies  
and  
Full Life Force  
Activation



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Focus on  
Sexuality,  
Money,  
Sovereignty



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### Core Chakra Guide

- The crown chakra, or seventh energy center, is located at the top of the head. Here our relationship to Spirit connects us with the spiritual realm.
- The sixth energy center, or brow chakra, is located in the forehead. Here we think, evaluate, and learn from our experiences in concrete, abstract, and intuitive ways.
- The fifth body center, or throat chakra, is located in the throat area. Here we work with our personal will and the expression of truth.
- The fourth chakra, the heart center, is located in the center of the chest and here we experience love, grief, compassion, and kindness.
- The third chakra, or solar plexus, is located in the upper abdomen, in the stomach area. The solar plexus serves as the seat of our personal power and of issues of self-esteem, responsibility, and self respect.
- The second body center, the sacral chakra, is located in the lower abdomen just below the navel. This energy center provides the center for our sexuality, creativity, and abundance.
- The root chakra is located at the base of the spine, and corresponds to the legs, feet, and tailbone. Issues such as our survival, sense of security, and connection to our tribe live in this center. This chakra is positioned closest to the earth and is significant in our relationship to her. If we feel disconnected from the element of Earth or insecure in ourselves, pulling energy up from the earth can help to ground, anchor, and connect us to Earth's stable energy.

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First  
Chakra:



Root

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First Chakra  
Old Energetic Frequencies Need to Be Released  
For Full Life Force Activation

Right to Have  
Main Issue: Survival  
Connection to Family/Tribe  
Sexuality  
Money  
Sovereignty

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Second  
Chakra:



Sacral

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## Second Chakra

### What Old Energetic Frequencies Need to Be Released For Full Life Force Activation

Right to Feel  
Main Issue: Sexuality, Emotions  
Connection to Creation Capacity  
Sexuality  
Money  
Sovereignty

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## Third Chakra

### What Old Energetic Frequencies Need to Be Released For Full Life Force Activation

Right to Act  
Main Issue: Power, Energy  
Connection to Personal Power  
Sexuality  
Money  
Sovereignty

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## Fourth Chakra

### What Old Energetic Frequencies Need to Be Released For Full Life Force Activation

Right to Love  
Main Issue: Love, Relationships  
Connection to Heart Desires  
Sexuality  
Money  
Sovereignty

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### Fifth Chakra

#### What Old Energetic Frequencies Need to Be Released For Full Life Force Activation

Right to Speak  
Main Issue: Communication  
Connection to Self-Expression  
Sexuality  
Money  
Sovereignty

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### Sixth Chakra

#### What Old Energetic Frequencies Need to Be Released For Full Life Force Activation

Right to See  
Main Issue: Visual Perception,  
Imagination, Intuition, Clairvoyance  
Connection to Inner Sight  
Sexuality  
Money  
Sovereignty

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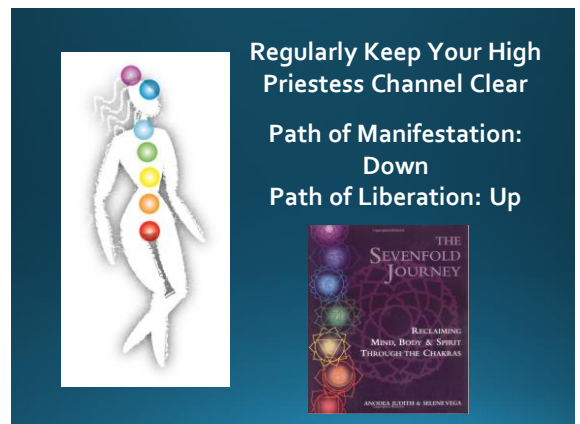
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### Seventh Chakra

#### What Old Energetic Frequencies Need to Be Released For Full Life Force Activation

Right to Know  
Main Issue: Understanding  
Connection to Divine  
Sexuality  
Money  
Sovereignty

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Gratitude,  
Ground &  
Close



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