Welcome to the Extraordinary Soul Mystery School



Module 16



Module 21

NORTH – THE AIR DOOR

Integrating the StarMaiden Dance

Items needed for this module:

- 5 stones laid out in a wheel
- White Arrows
- Spinner
- Your Shield
- Your Bundle

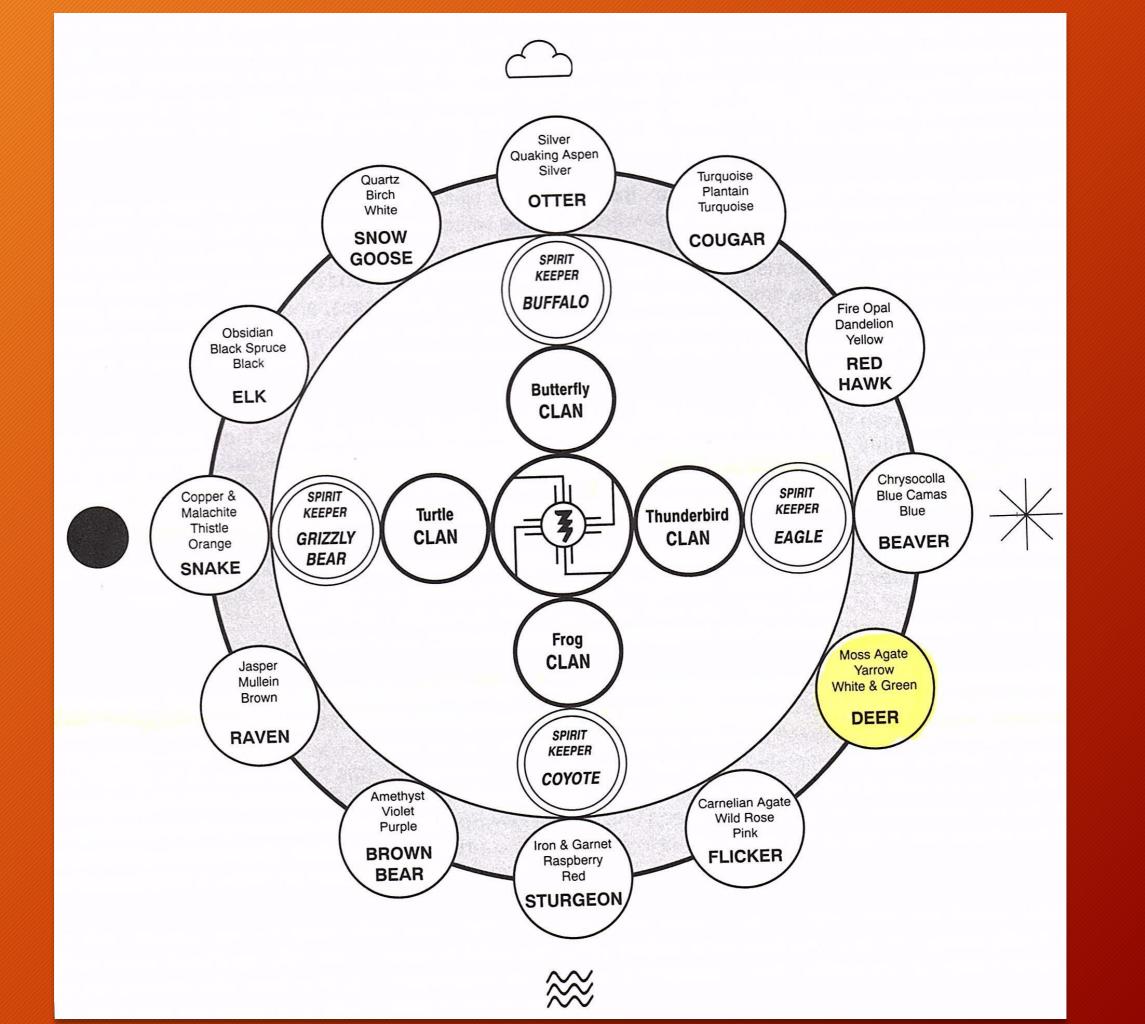


Lay out rocks
Connect,
Call in Sacred
Space



Open to Receive





Energies of the Directions

Northwest - Book of Life, our own divine plan - Rules & Laws, your box of limitations, shoulds, shouldn'ts, couldn'ts, can'ts - Cycles, cycles of your life and cycles in nature - Sacred Image, honoring your True Nature Spirit Personality and your naturalness - Karma, identifying and clearing karmic patterns that no longer serve you - Dharma, writing an empowering Book of Life where you are 100% at choice.

West - Physical issues, finances, health, body, not holding and transforming your energy efficiently, not being grounded - Relationship issues, family, work related, love - Intuition, psychic powers, honoring that you are not a five-sensory human but a multi-sensory human being - Feminine, honoring your receptive nature and everything woman.

Southwest - Dream issues, personal dream and abundance in all aspects of your life, sacred dream and knowing why you came into this body, what you want to leave to the next seven generations, collective dream, Grandmother's planetary dream of healing herself and reising the consciousness level of the Earth - Dream teachers, and opening energies that keep you closed down and not experiencing life to the fullest.

North - Flexibility, having tunnel vision and not being able to walk around the wheel, philosophies and belief systems - Body issues, breathing and clean air - Knowledge, being able to turn knowledge into wisdom - Intent, holding your intent, and connection to Great Spirit - Responsibility, taking responsibility for all aspects of your life - Animals, honoring and drawing from the energies of your animal allies.

Convier - Heart to Heart
Communication, issues of Walking
Your Talk - Life-force energies,
sensual, sexual, kundalini Conscious Creation, manifesting
what you desire into your life,
manifesting what you don't want
into your life.

South - Power issues, not being able to take your own power and standing the center of your own circle - Emotional issues, either null emotions, or emotionality - Issues of the Child, either not being playful and spontaneous, taking life too seriously, or Giving issues, not being able to give unconditionally, or not being able to give away what no longer serves you - Body Issues, either blood, or flowing of your energies.

Northwest* Design and Choreography of Energy, procrastination, mini/max, now wise use of our energy - Baiance of Masculine & Feminine, balance of receptivity and assertiveness -Chaos, being at the effect of chaos, ending up on top of the wave when it hits the shore, stress, etc. - Higher Self, that wise elder inside all of us.

> East - Spirit, issues including your creativity, vision, your spark - Sacred humans, being the determiner of your life-force energy, having passion and lust for everything in life, knowing that we are all one - Enlightenment, issues of your spiritual path, raising your consciousness and vibrational levels - Masculine, honoring your assertive side and all that is male.

Southeast - Self-concepts, looking for acceptance outside ourselves, attachments, dependencies, comparisons, judgments, wounded needy child, ego self-importance and self-pity... self-awareness, acceptance, appreciation, love, pleasure, actualization, impeccability - Ancestors, honoring our past - Enlightened Masters, honoring where our teachings come from and those who protected the sacred teachings.

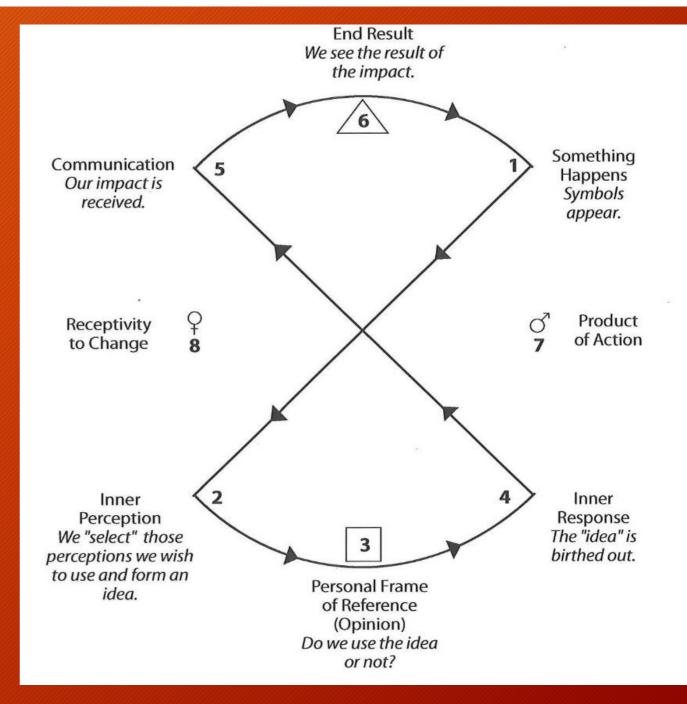


THE INFINITY MOVEMENT

Inside an envelope on the back cover you will find an Infinity Movement-Spinner Card. This Infinity Movement is the key which unlocks the knowledge held within any wheel. Two versions have been released and are presented here: the Tonal Spin and the Nagual Spin. Tonal refers to your everyday physical experience; Nagual refers to the spiritual or metaphysical realm.

The **TONAL SPIN** is used when you want to understand the subjective process of life. It best illuminates the internal patterns which you run whenever "something happens" and you process that happening.

This was the Infinity Movement that was taught first. The eight Steps were given theoretical and psychological definitions. Each will be explained and a simplified key phrase given.



EXPLANATIONS OF THE STEPS ON THE INFINITY MOVEMENT

You must be aware that Steps one through three occur faster than you can snap your fingers. On pages 84-87, the mental exercise in Tools for Application invites you to work with the Infinity Movement. It lists specific questions to ask yourself as you spin around the Star Maidens Circle. The Steps are delineated here in order to assist you in gaining consciousness and understanding of your process.

1. Objective Input Stimulus

SOMETHING HAPPENS.

Attention

FOCUS

When something happens, it catches your attention and you focus on it. Knowledge beckons. This is the starting place of your perception. You are in the moment of perceiving what is happening.

2. Subjective Perceptual Reaction

INNER PERCEPTION

Focus of Intent

SUBSTANCE

A perceptual filtering process occurs internally. You go inside into introspection.

You search for the substance of that which has caught your attention.

Your inner perception is how you make sense of what happened.

This is what will help you formulate your focus of intent.

3. How you feel about it

PERSONAL FRAME OF REFERENCE

Attraction

FORM

Notice that three has a box around it. This step frames, defines or gives form to your perception. When applying the "spinner", this 3 is always placed in the direction you want to understand. It is the SITTING PLACE. It is where you sit on the Wheel when you ask your questions so that you gain perspective of how you feel about it. The box around the 3 also refers to the boundary and limitation of the focus of your attention on the attraction. The movement from 2 to 3 reflects your inner dialogue that occurs when you are trying to make up your mind about what you will do.

4. Internal Subjective Response

INNER RESPONSE

Empowerment

DETERMINATION

The question now is "Whatcha gonna do?" You make up your mind, choosing either beauty or pain, balance or disharmony, knowledge or ignorance. You make a determination about how to respond. Do you co-empower or do you choose co-dependency?

If you are working the Nagual Spin, there are several checks and balances present at this time. Look at numbers 4 and 1 combined to see if you will gain understanding at 5 with this determination. If your determination is ambiguous, your understanding will remain incomplete and how you come across to others will be quite different from your internal decision. Also, what you decide at 4 determines what you will get as an end result in step 6.

5. External Subjective Response

COMMUNICATION

Impact

UNDERSTANDING

This step identifies the action you actually take and how that is perceived by others. How and what does your action communicate to others and what do they communicate back about your action? This is also known as your DANCING PLACE, the place in your birth Sitting Place Infinity Movement where you most easily dance your power and beauty.

Understanding is achieved via clarification, validation and integration. Seeking verification, basing your decisions on what you already know to be familiar, will elude true understanding. For two people to establish and maintain an energetic connection, one must have understanding of how your communication impacts the other (and vice versa).

At the fifth step the energy leaves the circle of self and makes impact. Taking a look at the relationship between 5 and 3 will give you a reflection of how you communicate who you are in the world.

6. The Effects of your Action

END RESULT
IMAGINATION

Dominion

What happens as a result of your actions?

Pay attention to the reaction or feedback you receive from others.

The number 6 has a triangle around it. This designates the WORKING PLACE. This position, directly opposite the Sitting Place, identifies the area of solution. It holds the way out of the box around 3, for the triangle could also be seen as an arrow pointing the way out. This step shows the affect of your choices and action. Did you have what was necessary to be in dominion, or are you being dominated or dominating? To be in dominion is to be in charge, at cause, in the center of your own circle. You are neither at the effect of others (dominated) nor are you choosing to step into another's circle (dominating).

Notice that this step leads you right back to the starting place. Have you taken the focus to a higher level? Do your actions lead you to freedom?

IT IS AT THIS POINT THAT THE TONAL AND NAGUAL SPINNERS ARE QUITE DIFFERENT. Explanations for the Tonal Spinner will be completed first and then steps seven to nine of the Nagual Spinner are explained.

Regardless of which Spinner is used, the female and male energies influence and are at play in every other direction around the wheel. On pages 73-77 you will find a thorough description of the female and male influences around the Wheel of Life. You have all learned the basics of female and male energy from those who were significant to you, especially during your earlier formative years.

In the Tonal Spinner, the seventh step is the male energy and the eighth step is the female energy.

7. TONAL SPIN Male, active-conceptive energy

PRODUCT OF ACTION

This refers to the focus behind the action, the product of your action.

Does your action produce something viable?

Does it help you to progress in your self-growth and development?

Are you taking responsibility for your actions?

8. TONAL SPIN Female, receptive-creative energy

RECEPTIVITY TO CHANGE

Receptivity to the necessary changes is essential to breaking pattern and embracing new ways. This refers to the intent behind the behavior.

In the Nagual Spinner, the seventh step is in the center of the circle, the eighth step is the female energy and the ninth step is the male energy.

7. NAGUAL SPIN Taking Responsibility

FREEDOM

At this step you are standing in the center and able to see all points of view. Freedom cannot exist without responsibility. What is the price of your freedom?

B. NAGUAL SPIN

Forbearance of Experience

PATTERN

It is from this place that you assume authority for what you know as well as for what you do not know. Past experience will help you to discern the nature of the pattern at work. Forbearance is what is needed when you adopt a changed pattern that works.

9. NAGUAL SPIN Immediacy of Action

CHAOS

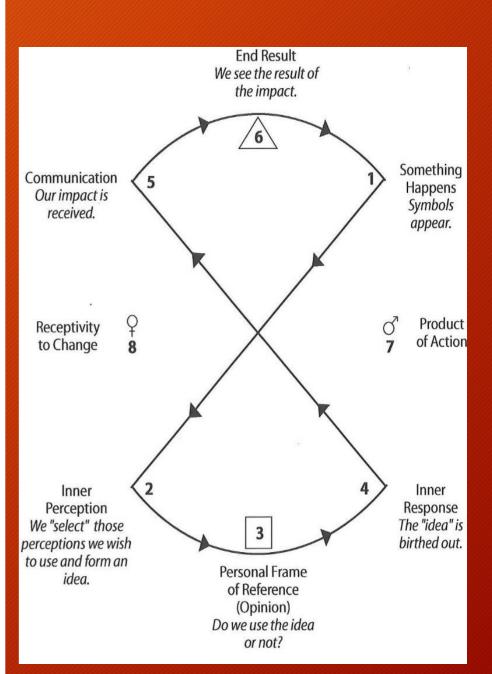
It is at this place that you step into the power of the moment and do the best you know how to do in that moment. Action is immediate and spontaneous in nature. It must again be accompanied with taking responsibility for that action. Within chaos you will meet the silent knowledge that takes you into completion.

10. NAGUAL SPIN Freedom exercised

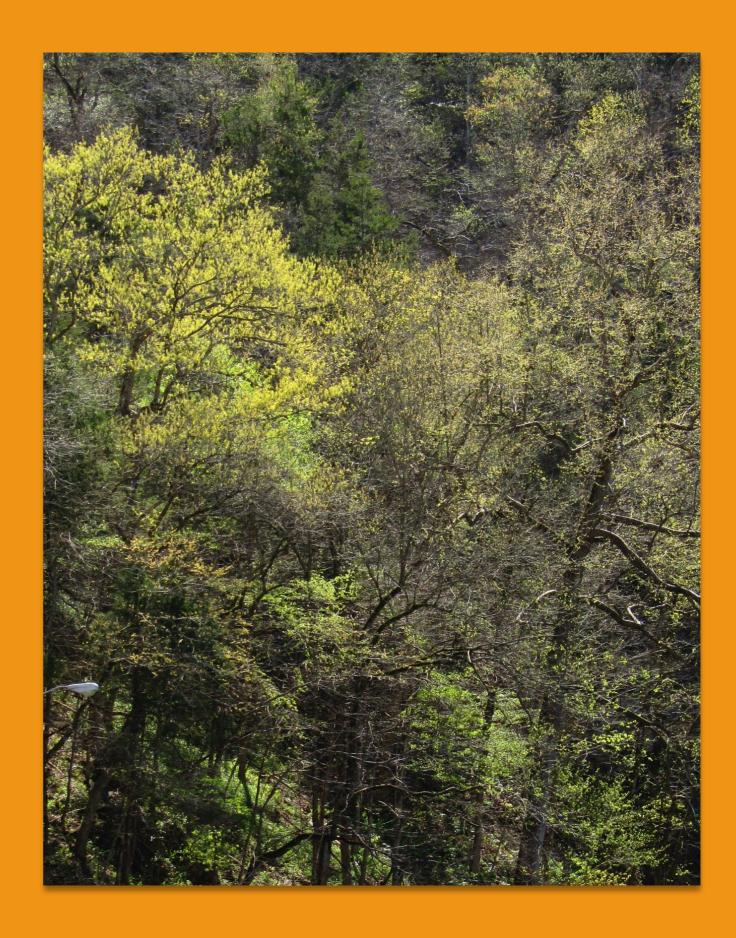
COMPLETION

This step occurs when responsible freedom is exercised.

The cycle is completed even as a new cycle is begun.



Integration Dance



Gratitude & Closure

Ground

