



# PRIEST-ESS PROCESS FACILITATION

IN THE LINEAGE OF NICOLE CHRISTINE

PART 2



## Outline of What We Will Cover During this Training

Part 1: A Brief History

Part 1: Practicalities of the Process

Part 2: Principal Pillars of the Process

Part 2: Ethics

Part 3: Structure

Part 3: On-line Facilitation

## *The Principal Pillars of the Process...*

All Priest-ess Process Programs must contain the following elements:

- Intention Ceremony
- Sacred Marriage Ceremony
- Shamanic Death and Re-Birth Ceremony
- Emergence Ceremony
- Initiate must self-proclaim as a Priest-ess upon completion of the process.

These are mandatory. Obviously because of the nature of what the process is designed to do, other things are included like introduction to the Elemental Forces of Creation and the process of Alchemy, Introduction to Shamanic Astrology and their Internal Creation Team. If you utilize your own version of the 30 Modules provided with this program all of these will be included.



## First Trimester Focus: KNOW THYSELF

*Know Thyself* is the ancient directive inscribed over the inner shrine door at the Temple of Delphi. *Know Thyself ... Be Thyself* is the Prime Directive of the *Priest~ess Process*.

First trimester emphasis is on self-knowing and self-honoring. This involves embracing the Stillness where Oneness resides, developing strong inner-directedness, listening intently and open-heartedly, and speaking and living one's truth. This is done in the context of personal discovery of the many names, faces, and ways of the Goddess who often expresses in Sacred Union with her Divine Counterpart.



# Self-Awareness Components:

- New Priest/ess Orientation
- Overview of Initiation Mysteries and initiation cycle format.
- Introduction to Living Ceremony (Appendix D) and co-creating sacred space (Appendix J).
- Rite of Initiation
- Foot-washing Ceremony



## Second Trimester

### Focus: *Knowing Self Through Nature*

Ancient priestesses and priests were strongly linked to the energies and natural cycles of earth, the elemental forces of creation, and the inter-related energies and natural cycles of the sun, moon, planets, and stars. In these times, it is essential to reclaim and evolve that connection in order to establish personal and planetary balance and harmony. Basic to the *Priest~ess Process* is recognition that Earth is a living organism within the universal living organism. She is a sacred site. She is our church, temple, sanctuary, home and mother. Known by many names such as Gaia, Pacha Mama, Tara, she is a living spiritual being in her own right, with her own mind, consciousness, destiny, and development.



## *Nature Components:*

Hold Council to develop listening and speaking skills and a resonant field; co-creating Earth-honoring ceremonies, medicine wheels, moon circles; and working with the elemental forces.

Work with these resources:

*Gaia Matrix Oracle* by Rowena Kryder (see <http://www.creativeharmonics.org/art/books/gaiamatrix2.html>.)

*Medicine Wheel Earth Astrology* by Sun Bear and Wabun.  
*The Shamanic Astrology Handbook* by Daniel Giamario and Cayelin Castell. (See

<http://www.shamanicastrology.com/books.html>.) Facilitators who do not have at least a foundational level of mastery with this material are urged to bring in a knowledgeable *Process* facilitator to work with their circle. It is also recommended that each initiate has a personal Shamanic Astrology reading with a qualified Shamanic Astrologist.

*Elemental Forces of Creation and/or Natural Rhythms* by Lisa Michaels. (See <http://www.naturalrhythms.org>.)



## Third Trimester

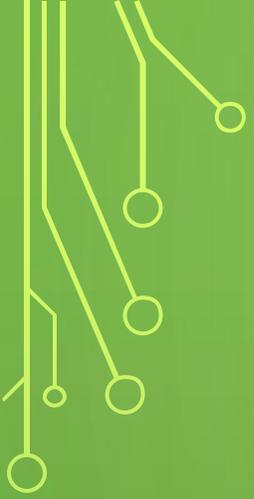
### Focus: *Co-Creating the New Earth*

The New Earth is a dimension or vibratory field in which all creatures contribute to Creation by co-creating with Spirit, Nature, and one another. To do so, emphasis is now placed on initiates altering their frequency in ways that bring about inner and outer sacred union of heaven and earth, spirit and matter, mind, body, and feeling, masculine and feminine. Then focus evolves to visioning the New Earth, rebirth, initiation cycle integration, and emergence. In this last trimester, the synergy of the Emergence Ceremony is energized through individual and collective emotional, mental, physical, and spiritual attention and intention. It is time to be in consistent communion with one's Priest~ess Self so that the co-created ceremony is a true celebration of her or his re-awakening and re-emergence.



## New Earth Components:

- Sacred Inner Marriage Ceremony – Working with Shamanic Astrology archetypes, a female initiate weds her Mars and a male initiate weds his Venus.
- Visioning the New Earth – Identify, share, and activate visions of the New Earth in which the priestess in every woman and the priest in every man honors Earth as a Living Temple and holds all life as sacred.
- Rebirthing the New Priest~ess. – Participation in this death and rebirth ceremony is a pre-requisite for Emergence.
- Integrating The Process – Journal writing and sharing. (See
- “Rememberings” technique in Appendix A and page 33 of *My Ascension Journal* by Nicole Christine.) It is beneficial for initiates to re-read and reflect upon their Initiation Intention Statements.
- Pre-Emergence – co-created enactment of the circle’s collective journey and/or essence.
- Emergence Ceremony and optional ministerial ordinations – co-created by self-proclaiming initiates who may choose to have, or not have, guests present. Emphasize the empowerment significance The Process Precepts of Self-Proclamation and Inner Authority. Power cannot be bestowed on an individual by an outside authority. One must wholeheartedly claim it for her/himself and embody it on the basis of Inner Authority. This potency of this proclamation is amplified when joyfully and respectfully witnessed by others.



Facilitators are urged to use a shamanic approach in which they do not give an initiate input unless invited to do so or without asking permission. Shamans, mystics, and master teachers practice non-interference and do not give answers to questions not asked, impose their perspectives, or assume they know what is best for another. No matter how psychically accurate they may be in their perceptions, what they see is of little value to those who do not see it for themselves. Shamans, et al, see everyone as whole, perfect, and complete with different life lessons and equations to work out and as running energies that must be played out. They hold sacred space for others to, in their own time and own way, discover and work out what is resolved and unresolved within themselves – and when invited, appropriately assist in drawing out that inner knowing. They support each initiate's choices.



While it is often fitting for a facilitator to share aspects of their own process as *medicine*, they keep their personal processing apart. Likewise, if a facilitator has a particular teaching, therapeutic, or healing modality that a initiate might be responsive to and benefited by, it is recommended that this be engaged as separate from/additional to *The Process* private sessions.



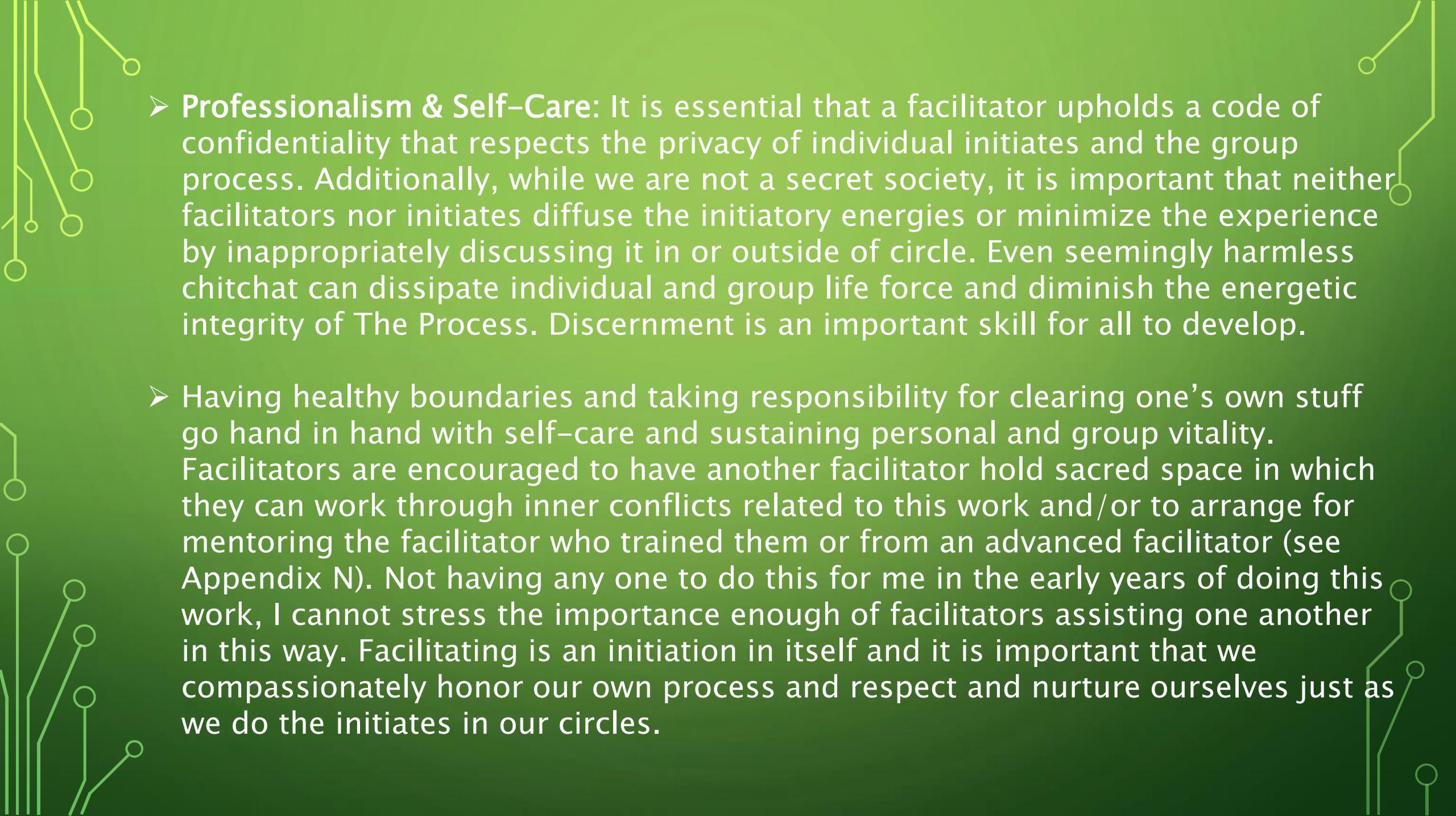
SEAL: One Year and One Day  
The cellular and energetic  
integration of the  
internalized New Earth  
Priestess or Priest is  
complete in one year and  
one day after self-  
proclamation and  
emergence. Celebratory  
acknowledgement of this  
completion is a joy to the  
Soul of the Awakened  
Priest~ess!

## ETHICS

- **Pay for the Facilitator Handbook.** Send donation to Nicole Christine. Information on how to do this is on page 32.
- **Mediation Procedures:** Have mediation structures in place to assist in clearing discordant energies that may develop among initiates or between initiates and facilitators. Explain the purposes and procedures during Orientation. These structures may include identified mediators or councils within the priest~ess network or the larger community and/or a council or other clearing process that to be internally utilized by the circle. These measures are taken only when the involved parties have exhausted their efforts to resolve things between themselves. Mediations take place at mutually agreed to times outside scheduled *Process* gatherings. Through consistent alignment with the Priest/ess Oversoul, initiates and facilitators are better equipped to relate in “priest/ess frequency,” which engages at the level of archetypes, energy flows, vibrations, systems, and patterns, rather than at the level of personalities and issues.

# Equitable Energy Exchanges

Each facilitator determines what are equitable energy exchanges for facilitation services – whether monetary or in trades – and whether or not it is feasible to offer scholarships. This includes *Process* tuition, private sessions, travel related expenses, and resource materials. It is essential that there are clear lines of communication and exchange follow-through, that initiates understand they are required to pay the monthly tuition on time whether present or not, and that all exchanges are complete prior to any given circle's Emergence Ceremony. It is also important for facilitators to have healthy boundaries regarding personal availability beyond agreed to services. Creation of a functional, spiritual economy is vital to the sustainability of the *Process* and will do much to heal splits around spiritual and monetary belief systems. Once a facilitator's training is complete and s/he is independently facilitating circles, it is customary for mentoring facilitators to receive consultation fees for mentoring requests that exceed brief inquiries.

- 
- **Professionalism & Self-Care:** It is essential that a facilitator upholds a code of confidentiality that respects the privacy of individual initiates and the group process. Additionally, while we are not a secret society, it is important that neither facilitators nor initiates diffuse the initiatory energies or minimize the experience by inappropriately discussing it in or outside of circle. Even seemingly harmless chitchat can dissipate individual and group life force and diminish the energetic integrity of The Process. Discernment is an important skill for all to develop.
  - Having healthy boundaries and taking responsibility for clearing one's own stuff go hand in hand with self-care and sustaining personal and group vitality. Facilitators are encouraged to have another facilitator hold sacred space in which they can work through inner conflicts related to this work and/or to arrange for mentoring the facilitator who trained them or from an advanced facilitator (see Appendix N). Not having any one to do this for me in the early years of doing this work, I cannot stress the importance enough of facilitators assisting one another in this way. Facilitating is an initiation in itself and it is important that we compassionately honor our own process and respect and nurture ourselves just as we do the initiates in our circles.

## ➤ Legalities

Emerged Priestesses and Priests, and *Priest~ess Process*™ facilitators, function independently and are responsible for compliance with the laws of the legal jurisdictions where they live and minister. One may obtain religious, non-profit status or a business license as a self-employed minister operating under the licensing category deemed appropriate by the licensing agency. Tax regulations apply at the federal, state, county, and city levels.

A New Earth Priest~ess consciously aligns with cosmic laws. S/he does not enmesh herself in patriarchal laws or energize these passing ways through hostile opposition. In New Earth consciousness, the Creative Mother/Empowering Father principle is upheld and the God/dess within us governs. Thus, we are called upon to co-create ceremonies, rituals, and guidelines for personal and global wellness.



## *Priest~ess Process* Facilitating Principles

- Remember *where attention goes, energy flows*.
- Empty. Be the chalice, the hollow bone. Allow *The Process* to flow through you.
- Be IN the energy of *The Process*, of the moment, of the Circle, of the Great Mystery.
- Witness/allow/attune to what is seeking expressing/evolving through us as us.
- BE *The Process*, the priest~ess, the New Earth, the dreamer and the dream dreaming.



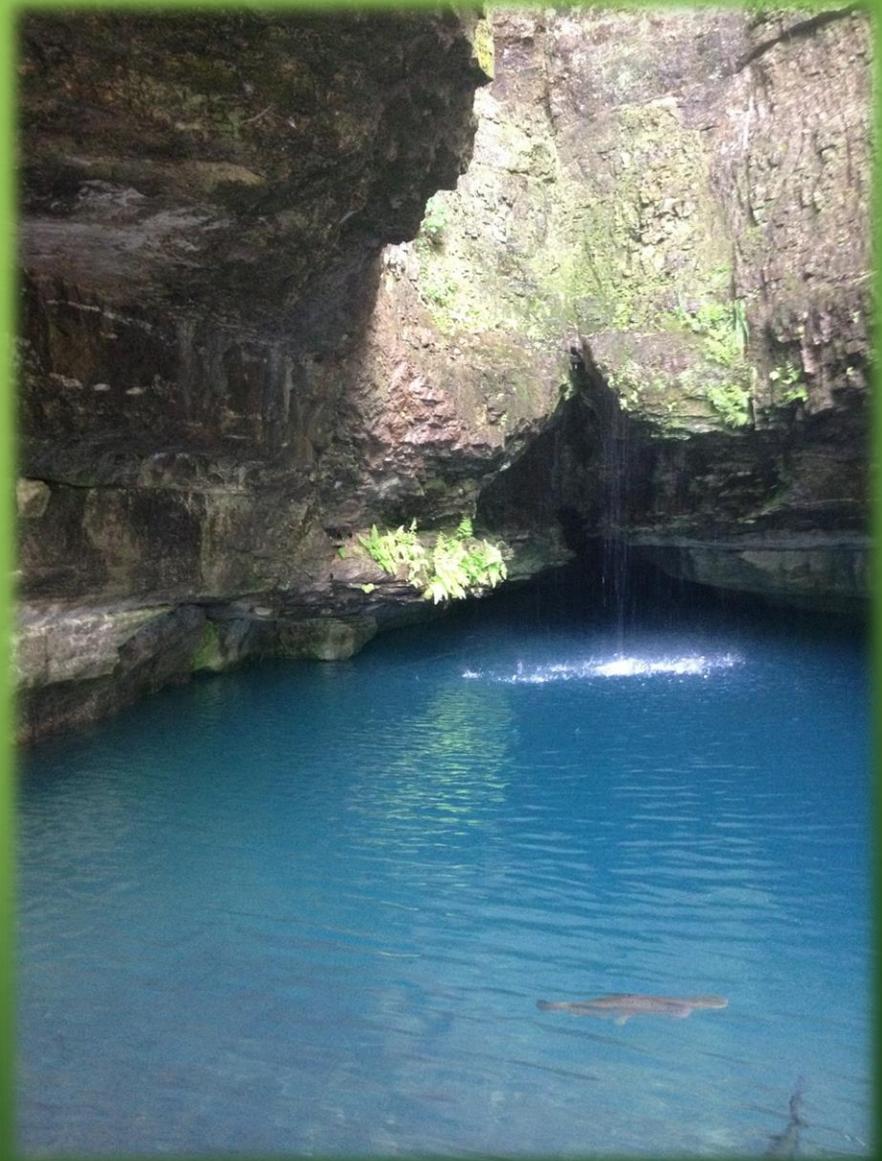
- Celebrate each one in her or his own time and own way.
- Activate Life Force and emphasize Direct Experience. Information is secondary.
- Encourage initiates to take initiative in facilitating their own process.
- Surrender to your own initiation as a facilitator.
- Honor the priestess in every woman and the priest in every man.
- Read and work with patterns, systems, energy fields, archetypes, and frequencies



- Know Thyself. Be accountable. Prioritize self-care.
- Co-create with Spirit and one another. Experience Life as Ceremony.
- Hold safe, psychic space for what's coming in, expressing, releasing, and leaving.
- *Round* out your thinking. Feel your wholeness, the wholeness of life.
- Transparently facilitate initiate authenticity as the force that defines their circle.



- Emphasize development of strong internal reference points, clear inner-direction.
- Honor the innate intelligence of the *Priest~ess Process* and uphold its energetic integrity.



This concludes Part 2.

We will Integrate and  
Close this portion and  
then resume with  
Part 3.

