



Business *On-Purpose*  
*The business you love – the pay you deserve...*  
*with Kathy Forest*



## **Part VI: Above, Below & Within: Getting In Alignment with Source (Understanding our Relationship to Money)**



# Calling in Sacred Space



**Open your Creation Vessel**

**To Receive**





**Checking in...**  
**Where are you and what is**  
**happening so far...**



# ***RELEASING THE OLD STORIES AROUND WEALTH***

Many people, especially spiritual people, carry a lot of baggage around wealth and money, because of the suffering materialism and capitalism seems to be causing in the world. This is a misunderstanding of the real nature of wealth, which is infinite, spiritual and available for everyone without limits. We are the ways God/Goddess and the Universe is putting itself on display. Wealth is love expressed. It is time for you to tear up the old contract of lack and limitation, of the false separation between spirituality and success.

*You must commit to putting a lavish, abundant, gorgeous life of the infinite on display on every area of your living. Lavish love, lavish joy, lavish play and lavish wealth. Riches in dollars, riches in creativity, riches in companionship, riches in generosity and service.*

*In order to do that, you must remember that*

***MONEY is SACRED!***



# Sacred Feminine Money Mystery Teachings...

Seeing Money as Sacred can only happen when you realize one of the Sacred Goddess truths that we may have forgotten:

*Wealth is Spiritual*  
*It is Invisible, Infinite and Within You*

This is not a journey to add anything to us...it is not a journey about “getting rich.” Because you can’t get what you have already got. All the riches of the Universe are already within you. That is not merely metaphorical. That is actually the truth. You already are it. You can never lose it. It can never be broken. It can never die. Everything that you need to give your unique gift to the world is housed within you. This is about letting go of all the false beliefs that have kept it hidden...about waking up to the truth and making it welcome.

# Mindset Shift: It's not the LOVE OF MONEY that is the root of all evil, but...

- *THE ATTACHMENT TO THE SYMBOLS OF MONEY AND WEALTH, that is the root of all evil.*
- When we become attached to the symbol, we materialize Wealth – we make it all about STUFF. We forget that this is really about a love affair with Source. When we cut off our connection to Source, everything in our world diminishes, including our wealth.
- This goes back to judging by appearances and seeing our whole world through the eyes of materialism and lack...*materializing wealth.*
- When we believe dollar bills, stocks and bonds, houses and cars, are our SOURCE, we covet, we steal, we do all kinds of crazy things to get the symbols of wealth.





# *Because Wealth is Consciousness, it is abundant!*

- But when we know that Wealth is Spiritual, Wealth is the Energy of Love, and it is infinite and inexhaustible and we can generate it through giving and circulation, and there will always be more and more fruit as a result of that activity, then we are no longer coveting and attached to the symbols of wealth.
- We know that if we give others some of our symbols of wealth, we don't have less wealth; and if others give us symbols of wealth, they don't have less wealth, but because of the LAW OF CIRCULATION, there is always more – the more we circulate the more we have!!
- And if we have lots and lots of symbols of wealth, that doesn't take away wealth from anyone else. Thus, we can multiply and multiply and multiply it without end. Because Wealth is Spiritual, Wealth is Love, Wealth is Infinite Source Expressing.



## *A History Lesson*

Goddess Teachings ~ Money Teachings – LOST!

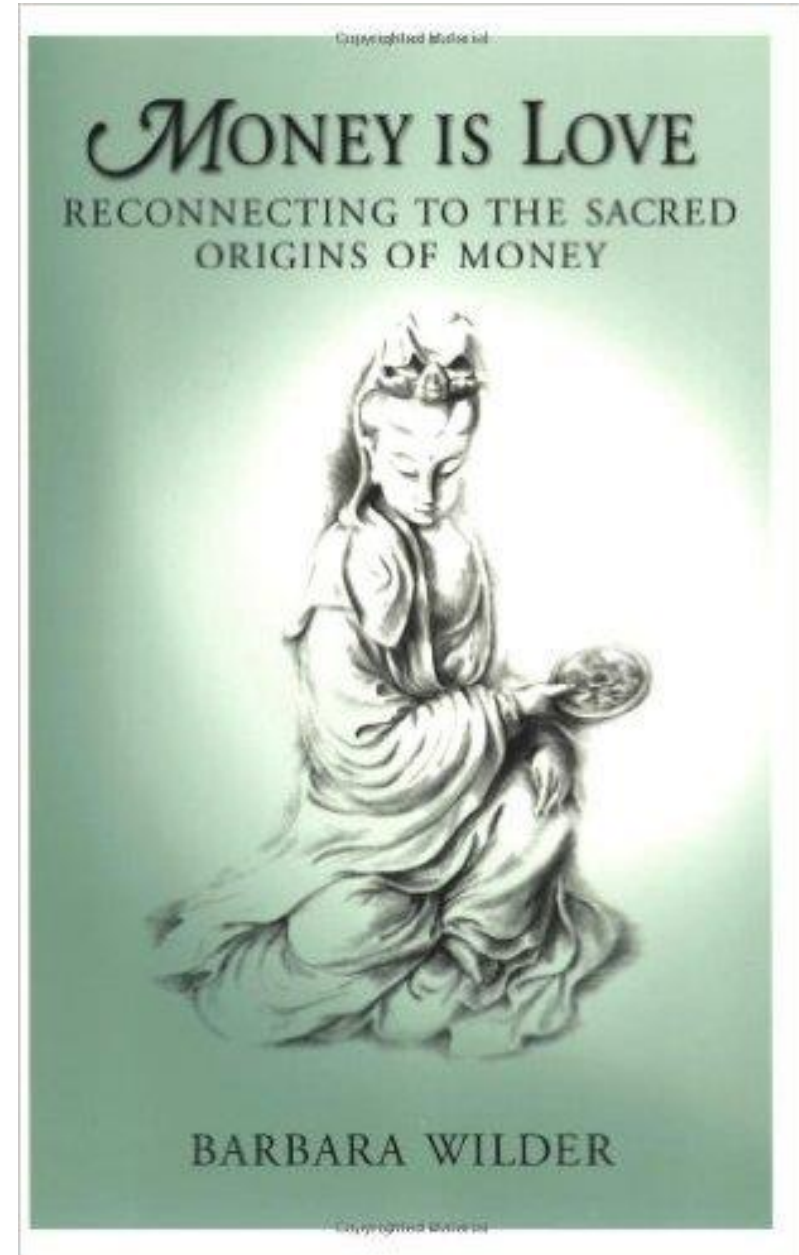


## *Money's Original Origin is Divine...*

Early in human history, before Goddess worship was demonized...

“...The sun and moon were not representatives of gods, but gods themselves. The lunar goddess and the sun god lived within the moon and the sun, not as separate entities, but as integrated spirits. Gold and silver metals were understood to be extensions of the spirits of the celestial divinities...Because of the sacred origin of gold and silver, these metals were initially used only in tribute to the gods.” As time went on coins began to replace grain as a means of exchange. But “money, still wholly sacred, became the connecting bridge between the spiritual and the material world.”

During this time, the world and material goods flourished. The belief of “money as the link between Heaven and Earth lasted well into the Roman period.”







In 390 BC, the Gauls launched a siege against Rome. The story goes that a flock of Juno's sacred geese began to make a racket as the Gauls tried to sneak up on the Temple of Capitoline Jupiter, warning the Romans and saving the day.

After the incident involving her geese, Juno was known as Juno Moneta or "Juno who warns", which eventually became "Juno who protects funds", due to the fact that her warning kept the coins safe. This aspect of Juno became so important to the Romans and she became so identified with protecting funds that a temple was built specifically for Juno Moneta in 344 BC. This temple became Rome's primary mint, where all coins were created and stored. Thus, Rome's currency, and the currency of the Western World at that time, were intimately tied to one of the three most important gods of Rome, Juno, the Queen of gods and men.



In ancient times, among the pagans, the idea of money and worship were embraced. Romans worshiped their goddess for the sake of money. The money flowed out from her temple and often had her likeness on the coins. They never gave it a second thought.

For almost a thousand years it was clear to the Romans and their subjects throughout the known world, Juno Moneta was all about the money.



## *Something to Ponder...*

When the coins were about to be stolen from the temple, these folks weren't worried that their bank was about to be robbed. They weren't concerned for their material welfare. They were afraid that their connection to the Goddess was about to be taken. That tangible, physical evidence of their connection to the Divine was about to be usurped.

As long as that connection was stable—their life prospered, their material needs were met (not by the exchange of these coins), nature stayed in balance. They didn't need to hoard the coins or stockpile them. Rather they needed to be in right relationship with Who they represented. They were a vibrational reminder of that connection.



# *You are not merely a human...*

You are a place where infinity is seeking to pour forth it's individual being...

You are the way that the Goddess shows up.

You are another outlet for Source, the face of Love, to display its magnificence.

You truly are the light of the world.

***So your capacity is not based on your genetics, your DNA, your family history or your experience.*** Your capacity is Goddess capacity, **SOURCE capacity**. Your wealth or health or love is SOURCE'S measure of these qualities.

So how much power, source, supply, or genius is your potential?  
What is the **Goddess's potential?**





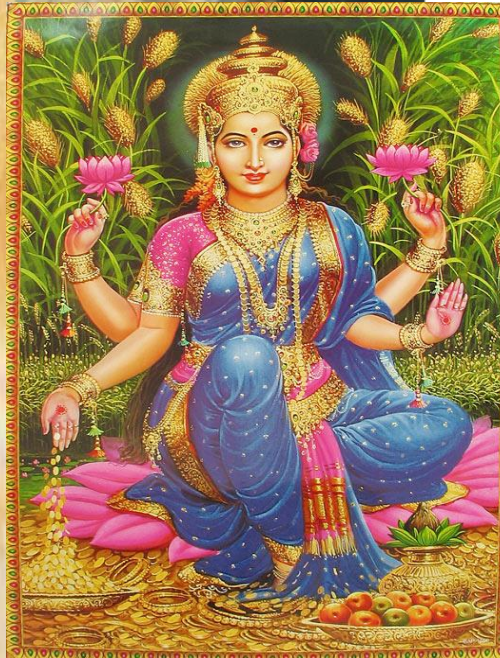
# *You are the way the Goddess shows up in the world!*

This means there is an endless supply of everything that is real, always available, pouring forth right where you are. Which means you can renew and restore everything and anything, without limit, forever.

This is the truth... It's pretty radical! But it's the truth...

**“Take abundance from abundance, and abundance remains.”**  
**--Bhagavad Gita**





Ancient Money Abundance Goddess  
(Lakshmi, Fortuna, Abundantia,  
Moneta, Isis, Venus, and Gaia) remind  
us that the flow comes from within:  
What insights do you have about  
this for yourself?

# *Example of Niagara Falls...*



Niagara Falls is this beautiful opening for Lake Erie to display its power. It is one of the seven wonders of the world. But it is just an opening, for Lake Erie to pour through. In and of itself, it has no power. The power comes from the Lake.

In the same way, you are the opening for Source to pour out its gifts to the world. In the same way, we are the opening for Source to pour through. In and of ourselves, we don't have enough to do any of what we want to do, and when we try to do it through our own power – the ego- we always come up short. But when we return to the truth, and open to allow Source to pour through us, look out!



# *Money, itself, is never the problem.*

- Money, itself, never causes problems. It's just a symbol. It's the consciousness behind it that is the problem.
- Money is just a magnifier. It magnifies. It just shows you what is really in your consciousness. Money only reveals conditions that are already active in your consciousness.
- If there is great love and great generosity in your consciousness, money will magnify it. Likewise, if there are hidden pockets of fear and lack, and a sense of separation, money will magnify that, as well.
- So we want to be free to love wealth and wealth creation – to be able to love the invisible process and the invisible substance – truly, truly, truly, in many spiritual traditions, ***THAT INVISIBLE SUBSTANCE IS THE GODDESS...IT IS THE DIVINE FEMININE – SHE IS THAT LIVING STUFF FROM WHICH ALL THINGS COME!***
- Thus, when we begin to love this substance, we can begin to feel the energy of every exchange and transaction of this Divine Substance as an energy of love and divine creation – divine inspiration. It adds and multiplies the blessings never taking anything away from us or the others we exchange with.



# *Magnifying and Multiplying is the consciousness that Money loves...*

- Remember Money wants to be with people that love it and respect it. And when you come to think of it as the symbol of sacred and divine Feminine substance, SHE wants to be with people that love Her and respect HER.
- But if you think that money is scary, unspiritual, bad, corrupt, the root of all evil, then think about what energy you are directing toward what once was given to us as a symbol of the love of the Goddess. Would you direct that kind of energy toward this kind, loving, generous being?
- So your relationship with wealth and success needs to be one of affinity, love, respect, and gratitude. Just like you would want to have for anyone that you would want to hang out with you. You want to treat it well.



# *Why do we think we should not be paid well for doing some of the most important work on the planet?*

As a society, we are ok paying millions to athletes, and actors and celebrities. But we don't pay our teachers and our healers and coaches. And some of us go so far as to think that these services should be free or a very low fee.

So you need to begin to notice where you have bought in to that baggage. You need to begin to realize that you would never expect a doctor, or a lawyer, or an accountant to work for free. But we have in the past expected spiritual people to work for free. We often feel conflicted charging for spiritual or healing work.

The truth is that Life, God/Goddess, Spirit (showing up as) YOU are a SOURCE of Infinite Abundance that will appear as money, things, qualities, opportunities. There is no lack or limitation or withholding anywhere in the Universe.

***REALIZING AND MATERIALIZING THIS WEALTH IS NOT ONLY YOUR BIRTHRIGHT, IT IS WHAT THE WHOLE UNIVERSE IS CONSPIRING TO DO THROUGH YOU! IT TRULY IS YOUR DIVINE PURPOSE!!!***





# *The whole Universe wants to express all of itself through and as you...*



***That's a lot of abundance!***

***"I have come that you may have life and have it more abundantly."***

***NOT JUST GET BY!!*** When you look at nature, is it just getting by? Is nature embarrassed, or guilty, or ashamed to be so rich and abundant?

Do the flowers blush at how beautiful they are, or do they put all their beauty and everything they are on display without hesitation, saying, "Look at me! Look how gorgeous life is as me! Look at how amazingly beautiful I am!"

Same as the stars in the heaven! Are they dimming their light because they don't want to offend the other stars?

***Nature is ridiculously lavish! There are not "just a few" of anything!***

# *You are the way the Universe is putting itself on display!*

**So you are that abundant too! You were meant to be!**

**Through you the whole Universe is saying:  
“LOOK AT ME!! LOOK AT HOW LAVISH, AND ABUNDANT, AND  
GORGEOUS AND BEAUTIFUL AND POWERFUL I AM!”**

This is not from a place of ego, but like a child who has no ego yet, who has no sense of separation or shame, but just shines its radiance for the whole world to see.

This is your natural state of abundance. In this state, it just flows through you, and all of your needs are met abundantly. And this is not just spiritual wealth but wealth in form. If it were true that wealth was only to be invisible, then nature would reflect that.

But that could not be further from the truth.





- We are meant to feel and reveal the infinite invisible wealth and to make manifest the glory of the Goddess, to make manifest the infinite good of the Universe, to make manifest the full breadth and depth of the treasure within us and all around us... the TRUTH of this Universe!
- This is what we are here for!!!
- We need to make a commitment to BUST THE MYTH of the false sense of pseudo lack and limitation-this false spirituality...this false belief that we must live small in order to be good people. But rather begin to allow yourself to accept and embrace lavish opulence according to your unique pattern harmonious with life, that nurtures and supports, that expands and enriches everyone and everything connected to you. Just like the lavish opulence of nature never takes from anyone but rather gives and provides for everyone.





*Your life is to be a bounty of good to all that touch you.*

This is the new contract we need to establish with Life. We need to be committed to putting the lavish abundant gorgeousness of life and the infinite on display in every area of our living:

Lavish love, lavish joy, lavish play, lavish wealth, lavish dollars, lavish generosity, lavish healing, lavish gratitude...so that people will look at our lives with the same awe and wonder that they have when they look at the Grand Canyon or Niagara Falls or the heavens above, or the ocean.

**YOU ARE ONE OF THE GREATEST WONDERS OF THE WORLD!**

**THIS IS HOW YOU NEED TO BEGIN TO THINK OF YOURSELF.**



# *So how do we get there?*

## *Getting into alignment...*

The more of any quality you activate, the more that you have. Because the physical world is just the coagulated energy of these thoughts, when you activate more love, life gives you more love or things to love you. When you activate more wealth, the universe gives you more to give, to receive and to have. That's why "whatever is missing is what you are not giving...you are not activating, not generating.

This is all about developing and expanding your **HAVE consciousness** – that inner feeling that you have and **have abundantly**. And then allowing your affirmations, thoughts, words, prayers and actions to come from this place of having and wholeness... Rather than

Thinking, talking, praying and doing to GET something, which is coming from a place of lack or not having, which puts you out of alignment with the truth of your being, the truth of life which is already whole. When you are out of alignment, you must then experience lack and limitation, pain and struggle...not because its true, not because there is anything in the Universe to support it but because that is what you are "mis"-aligned with.

***So the key is to not allow any consciousness of loss or lack to be entertained.***

# *Develop Your Practical “Money Goddess” daily system for financial clarity and focus.*

- Set aside time Daily for Tracking All Income and Expenses, Clients, and anything else you want to grow
- Planning Your Purpose for the Money
- BE RHYTHMIC AND REGULAR!

The image shows a blank ledger template. At the top, there are three horizontal green lines. Below these, there are five columns labeled 1, 2, 3, 4, and 5. The first column is narrow, while the other four are wider. The entire grid is composed of green lines. On the left side of the grid, there are 22 rows numbered 1 through 22. The grid is designed for tracking financial data, with columns for different categories and rows for daily entries.



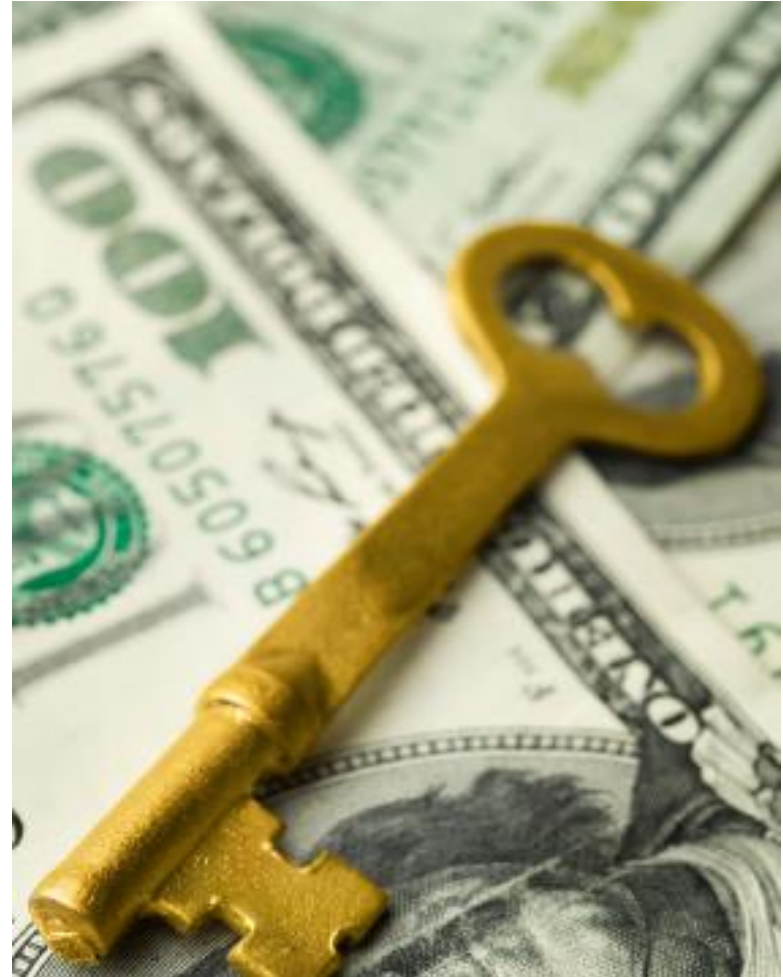
# Key #1

- Get Clear
- Make Clear Decisions.
- Decide how much money you want to make and by when.
- Clear Your Money Clutter



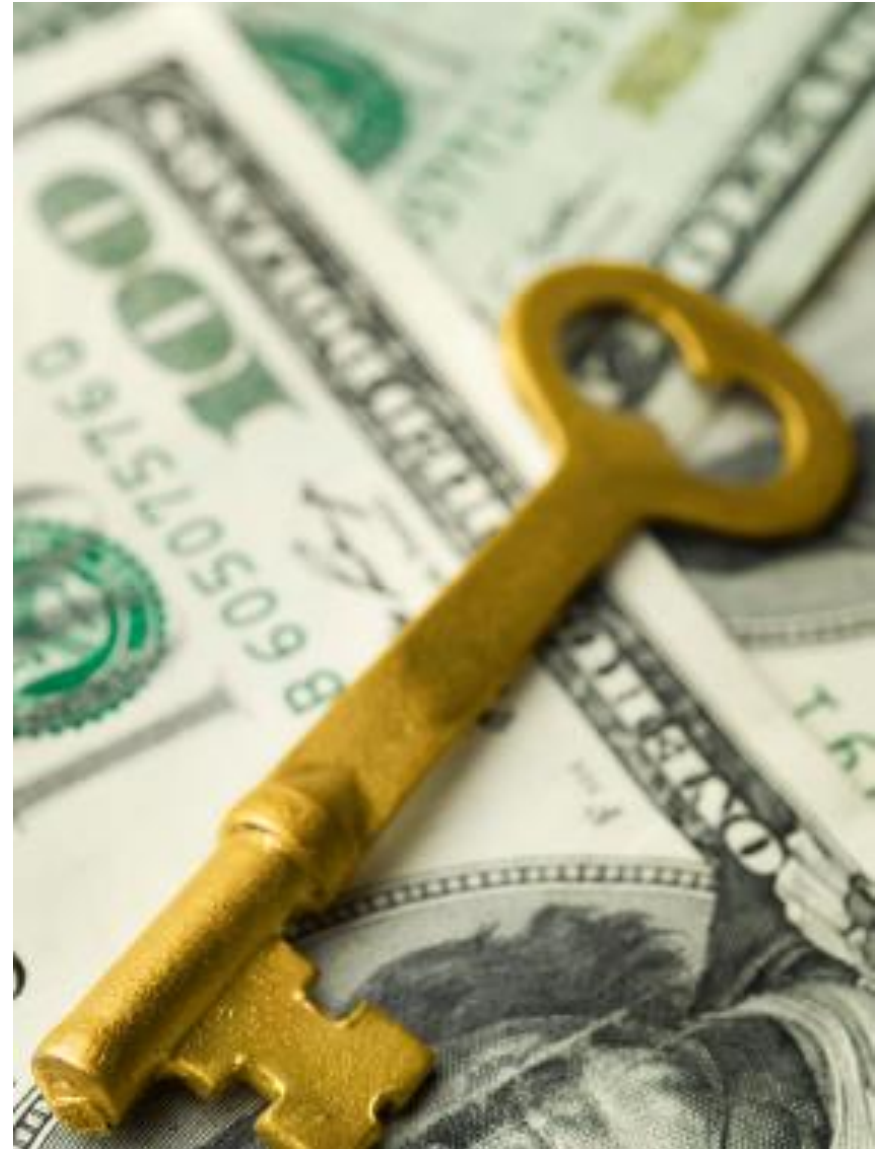
## Key #2

- Make Money a Priority and Focus on Income
- If you want to create more money you have to make it a priority!
- Energy flows where attention goes.



## Key # 3

- Honor the Art of Practice
- Be supportive of yourself as you practice standing in your feminine financial power.
- You wouldn't try to become a professional ballet dancer with one lesson.
- Practice consistently and regularly.





# *An Exercise...(what I mean by “practice”)*

We are going to do some sentence completion to get at your values conflicts. Write the following and answer several times. Don't think, just write...

1. Money is...
2. Wealth is...
3. Success is...
4. Wealthy people are...
5. Successful people are...
6. Rich people are...
7. Really rich people are...

Now breathe..

1. If I have a lot of money...
2. The reason I don't have a lot of money is...
3. The problem with having a lot of money is
4. The problem with being rich is...
5. If I become really wealthy, I won't be able to...

6. If I become really wealthy, I'm afraid I will loose...
7. If I become really wealthy, others will...
8. If I become really wealthy, I'm afraid I will have to sacrifice...
9. If I make a lot of money, I'm afraid that...
- 10.If I charge a lot of money...
- 11.If I charge a lot of money, people will think...
- 12.If I charge a lot of money, people will...
- 13.My mom said or thought money was/is...
- 14.My dad said or thought money was/is...
- 15.Growing up, I learned that money...

Now write out all the things you have learned about money and success – just empty out the data-base.

# *What are the recurring themes?*

Look over your list...

- What are the recurring themes, qualities and conflicts?
- Are there places where safety and security are at risk? Or your privacy is at stake?
- Notice where you say things like, “If I had a lot of money, I’m afraid I would loose or have to sacrifice...Whatever follows is a values conflict.
- So it could be time, health, family, privacy, space...so you value time, health, and family, but you also value wealth and success. So in your mind there is a conflict.
- So usually the time, space and safety win, and success and wealth loose. Or you may be struggling to get those things and for money. Or you may get some money, but you are always afraid you are going to loose it because it represents the loss of those things. Or it could be back and forth through self-sabotage.



## *Also look for shadows...*

So wherever there were things like...

- People will think this about me...or
- My parents said people with money were greedy, etc.
- So wherever there is a judgment or a label, those are shadows.





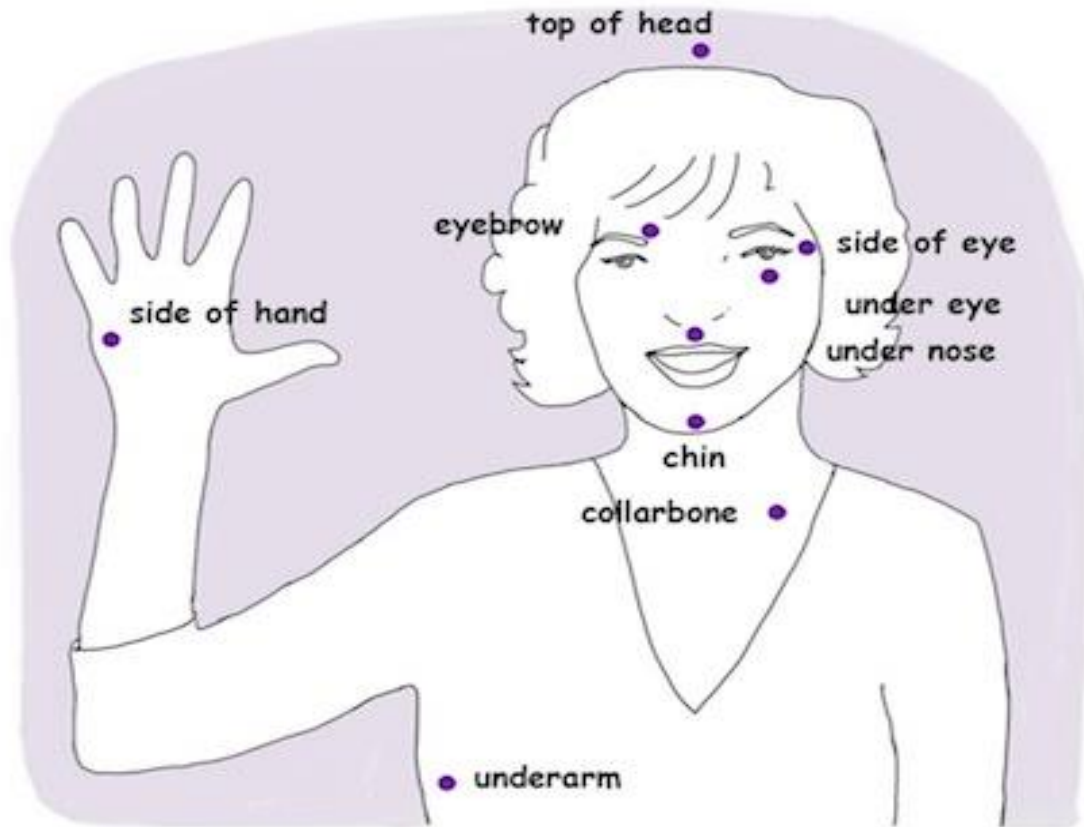
# Next...

Go over what you have written and come up with some false belief systems that are standing in your way. Take them through the EFT process below

## TAPPING

with

*Marcelle*



## EFT HOW-TO CHART

Focus on the distress you want to resolve. If you have several issues you want to work on, focus on the one that's most stressful right now.

Assign a Subjective Units of Distress (SUD) to the problem. On a scale of 1 (lowest) to 10 (highest), rate how intense the distress is.

Create a setup statement. "Even though I [state the problem], I deeply love and completely accept myself." Repeat the statement aloud 3 times while tapping on the fleshy part of the outside of the hand with the four fingers of the other hand.

Tap around the points. Tap lightly about five to seven times on each point in the illustration, starting at the top of the head and ending at the underarm point.

While tapping on the points, say aloud to yourself a short reminder phrase to keep the focus on the issue you're tapping on.

Remeasure your SUD level. After you complete a round or two of tapping, re-visit your initial distress. What SUD number would you give it now? If you're not yet at 0, begin the process again. The goal is to get your SUD to 0.

## *More....*

Look at your list again. Is there anything or anyone on there you need to forgive? Be sure to include yourself. Take those issues through the [Ho'oponopono](#) technique:

1. I'm sorry.
2. Please forgive me.
3. Thank you.
4. I love you.

In this process you are looking to shift the emotions. You want to move out of blame into personal responsibility. You want to try to feel this viscerally.

***Do your tracking and clearing practices DAILY for maximum results.***

## Do Everything You can to Keep Your VIBRATION High!

- Listen to uplifting podcasts and YouTube recordings about money: Tony Robins, Abraham Hicks, Denise Thomas, Kendal Summerhawk, and Amanda Frances to name a few.
- Use vibrational tools like essential oils and flower essences.
- Stay Positive
- Stay In gratitude
- Use affirmations
- Imagine your perfect income and how you will be when you have it EVERYDAY
- Put reminders on your phone to “think abundance.”





# *Looking Ahead...*

This series has been a microcosm of a vast amount of knowledge and wisdom that starting and running your own business offers you. It is meant as a compass to steer you in the right direction and show you the path to success. Staying on that path and continuing to do the work, giving energy to your new business will be the challenge of the future.

If you want to really turn the corner and make 2019 the year you put your business on the map, consider joining:

**The Business On Purpose Mastermind!**

For the next 9 months, we will dive even more deeply into each position on the wheel. This program will consist of a monthly class, a monthly mastermind, and unlimited coaching access to me to help you really move forward in your business. Watch your inbox for details!







Ground and Close