



Module 5

How did your week of **RAISING YOUR VIBE** go?

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Module 5

- Check In
- Step 9-10
- Homework



Connect, Call in Sacred Space

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Your Creation Vessel
Open to Receive



STEP 9: BE LED.

"Prayer is the medium of miracles. It is a means of communication...Through prayer love is received, and through miracles, love is expressed. The Divine will direct you very specifically. You will be told all you need to know." --A Course in Miracles

When you decide that you are in the business of making miracles, the whole Universe moves to meet you. You literally become the hands and feet of the Divine. The Divine working through you, needs you here on the planet. It needs you to perform tasks in the physical in order for physical outcomes, *miracles*, to happen.

When you get to this point, it's time to ask: What am I supposed to do? Let's say you are working to create a certain amount of money. You may have a certain idea about how you could do it. But it is always helpful to ask the Divine, "What am I supposed to do to make this happen?" "Is this the right path or is there another that would be more beneficial and expedient?"



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And then you wait, preferably with a pen and paper. Wait until you get an answer. If you don't hear one, keep moving forward and keep asking. Use a pendulum or muscle testing or a card deck or other divination tool of your choice if you need to. Stay open. Guidance can come in some of the most interesting ways. So heighten your awareness.

Most importantly, be willing to be led. You may get guidance, and it may feel uncomfortable. It may mean you have to do something that is way out of your comfort zone. The Divine doesn't waste anything. It is all about growth. If it can perform a miracle and get you to grow in the process, then that will happen. Just expect it. And when it does, if the resistance is too great, what do you do?

That's right, go back and repeat the process...

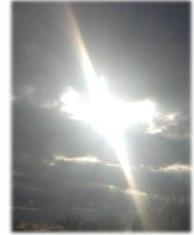
Be willing. Be open. Be hungry!



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Do this practice right now...quickly go through the process to get to Step 9

1. What am I learning?
2. What do I want?
3. What's in my way?
4. Forgive
5. Reframe: What is the truth?
6. Affirm a new thought.
7. Feel it to be so. Vibe with it.
8. Release – this or something better.
9. Be led: What is my next step? What am I supposed to do?



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STEP 10: OPEN TO RECEIVE

"Each day should be devoted to miracles. This is how you use time constructively...Miracles arise from a miraculous state of mind, or a state of mind, or a state of miracle-readiness:" – Adapted from A Course in Miracles

If you have made it this far and have done all the steps, your miracle is on the way, if it hasn't already arrived. So watch for it. You will know it when it arrives. There will be no mistaking it. The Universe loves big surprises. Allowing yourself to receive means being open. Notice all the subtle ways that the Universe is moving you toward your goal. Some of these may feel uncomfortable. But if you are honest with yourself, you will know that all of the movement is a shift toward the goal that you had at the beginning of this process.

If this process works like it is supposed to, this step will send you right back to the top to complete the process again. In a perfect world, you will feel so excited and happy that it worked that you will want to go back and try it again. If you are anything like me, once you get to the end, you may find yourself relaxing a bit, slacking on your morning practices, not focusing on your next goal, skipping yoga, or whatever. To some degree, right at first, this is normal. Your psyche is trying to stabilize itself as it has just been through a dramatic change and all this receiving may feel a bit uncomfortable. If you are not careful, you can land yourself right back where you started. Either way, it still has the same effect. You undoubtedly will move yourself right back to the top to take yourself through the process again.



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So this is where I tell you that you are not finished, that you are never finished. In order for this process to work the magic that you desire, you need to keep at it. You need to do it every day. The more you do it, the quicker it gets. Once you clear, you can go through the steps in 10-15 minutes.

I promise you, if you keep doing this, if you diligently keep moving through the process, amazing things will begin to happen. Mostly because, **YOU WILL GET BETTER AT IT!** Right now it may feel long, cumbersome and arduous. The pile of false belief systems you have accumulated may be through the roof. But the more you do this, the faster it goes. You get skilled at getting yourself back into the vibe of your dreams. Pretty soon **THAT THING** that started your journey gets easy.

That is truly my prayer for all of you...that life gets easier, that you become a Miracle Master: That you master your physical experience and teach others to do so, as well.

Let's get busy!



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So Here's The New Drill:



1. What am I supposed to be learning right now?
2. What do I want?
3. Why don't I believe I can have it?
4. Forgive: EFT and Ho'oponopono
5. Is this True? What's the Truth? Help me see differently.
6. **Read Affirmation Daily:** *"I am now writing into my subconscious mind the idea of Love's Wealth."
"I know that God-Goddess is the Source of my supply. I know that God-Goddess is the Life Principle within me and I know that I am alive, and all my needs are met in every moment of time and in every point of space. God-Goddess's wealth flows freely, joyously and ceaselessly into my experience and I give thanks for God/Goddess's riches forever circulating in my experience. God-Goddess is my instant supply, meeting all of my needs right now."*
7. Pick an affirmation from the list or one of your choice to recite every time you think of it!

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Module 5 Homework

- Do steps 1-10 everyday
1. What am I supposed to be learning right now?
 2. What do I want?
 3. Why don't I believe I can have it?
 4. Forgive
 5. What's the Truth
 6. Affirmations: Read & Recite
 7. Vibe with the Truth
 8. Release
 9. Be led
 10. Open to Receive
- Text me your intention for CCT if you haven't already

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Questions

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Integration Dance

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Closing Sacred Space

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