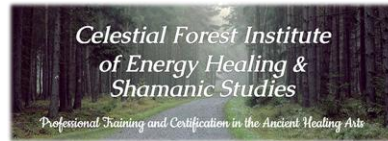




## Module 1



[www.celestialforestinstitute.com](http://www.celestialforestinstitute.com)  
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## Module 1

- Introduction
- Overview of the Process
- What's Your Miracle?
- Steps 1-3
- Homework



**Connect, Call in Sacred  
Space**

**Your Creation  
Vessel**

**Open to Receive**



**The back story... How this process came to be...**



I think all of us have experienced those times when we just go to a place of fear. There may be no reason for it, or there may be a big reason. We may blame it on some outside circumstance, or it just may come over us...unwarranted. When it does, it doesn't matter if what caused it is real or imagined. We are in it. Depending on its magnitude, some might call this "the dark night of the soul." One thing I know is that when it takes you, it takes you. It is no respecter of persons. Once its singled you out, you are going down. You can feel it coming. That sense of unrest, unsettledness. Like something is not quite right. You try to stave it off by ignoring it, or thinking positive thoughts, or doing all the myriads self-care remedies you know. But still it follows you, stalking you, until eventually it takes you down. You feel 12 years old, and helpless!



Luckily, in the midst of all of my chaos, I had some good healer friends who sustained me with some excellent healing techniques as well as a place to vent. And, I had lots of tools, that in spite of my total state of freaked-out-ness, I was able to use. One of those tools that compelled me to pick it up was *A Course in Miracles*. I had tried to read it years ago and didn't get very far. But it had stayed on my bookshelf, and when I began to read it, it was as if I was starving for what it was feeding me. I knew I was definitely in need of a miracle and it was promising me that they were pretty much simple. Here are some of the things that compelled me...



"There is no order of difficulty in miracles. One is not "harder" or "bigger" than another. They are all the same. All expressions of love are maximal."

"Miracles occur naturally as expressions of love. The real miracle is the love that inspires them. In this sense everything that comes from love is a miracle."

"Miracles are natural. When they do not occur, something has gone wrong."

"Miracles are a healing because they supply a lack: they are performed by those who temporarily have more for those who temporarily have less."

"Miracles are a kind of exchange. Like all expressions of love, which are always miraculous in the true sense, the exchange reverses the physical laws. They bring more love to both the giver and the receiver."

"Miracles are both beginnings and endings, and so they alter the temporal order...They undo the past in the present, and thus release the future."

"Miracles are teaching devices for demonstrating it is as blessed to give as to receive. They simultaneously increase the strength of the giver and supply strength to the receiver."

"You are a miracle, capable of creating in the likeness of the Divine. Everything else is your own nightmare and does not exist. Only the creations of light are real."

"A miracle is a universal blessing from the Divine through me to all my brothers and sisters."

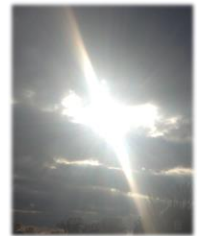
"A major contribution of miracles is their strength in releasing you from your false sense of isolation, deprivation and lack."

"The power to work miracles belongs to you. You will be provided with opportunities to do them, but you must be ready and willing. Doing them will bring conviction in your ability, because conviction comes through accomplishment. The ability is the potential, the achievement is its expression, and the miracle—the restoration of alignment with the Divine Wisdom within, which is the natural profession of all children of the Divine, IS THE PURPOSE."

And there it was! This giant lightbulb finally went off. Every difficulty that we have is a call for a miracle! That is why we came to a physical planet. When you live in the physical it is only natural to believe what you see. If you find yourself in a particular circumstance, and you have been conditioned to believe that is your likely outcome, your subconscious mind will reinforce that belief. Add fear to the mix and you have a nice ripe combination for disaster that will continue to perpetuate itself in your life over and over again. It's the perfect set-up for miracles.

SO, if you can trick yourself into remembering the truth of who you are and replace what you see on the outside with what your Spirit knows on the inside, you set yourself up to create a miracle. And not only do you do that for yourself, but you literally expand that knowing to all of those around you.

*Just as negativity can be contagious, Miracles are more contagious.*



So, I know what you are thinking: This sounds an awful lot like Law of Attraction mumbo-jumbo and I've tried all that stuff and it didn't work and I just want to pay my rent at the end of the month! That's where I was too. But I knew I had other tools that had worked for me before, and so now, armed with the knowledge that this could actually be a thing, I put myself through the following process. And it worked. And it kept working. And the more I did it consistently, the more it worked.

So now I humbly offer it to you. Our world is in desperate need of miracles right now. The planet is crying out for us to step up and be the miracle-workers we were intended to be. I am sure you have miracles in your own life that you would like to perform. "Conviction comes through accomplishment" and I am convinced that this process can work for all of us. It is with the deepest respect and gratitude for your willingness to be on the planet at this time, that I humbly offer it to you...

#### The "Made for Miracles" Protocol

1. Get Hungry: Surrender
2. Get Clear
3. Observe
4. Forgive
5. Recognize and Reframe
6. Think and Believe a New Thought
7. Believe and Vibrate with the New Thought
8. Release
9. Be led
10. Open to Receive





## What's your miracle? What is your intention for this process?

### Step 1: Surrender

So I know you have felt it...that feeling of dread, fear, exhaustion, frustration. Have you ever just wanted to say, "Enough, already! I am tired of the struggle. I am tired of this rat race. This is not supposed to be this hard! I am here to complete my sacred purpose! I've done all the classes! I know what it is! I am moving steadily toward those goals. So why is it that I never seem to have the resources to do the things I am here to do? Why has this been so difficult? Why does it continue to be so difficult? Will this ever end?"

When you get to this point, it is a **Golden Moment...an extraordinary opportunity**. This, my friend, is the point of surrender...the point where you are willing to do just about anything to end the struggle. This is where you can finally surrender to MONEY or LOVE or HEALTH or (whatever it is you are up against) as your teacher.

So catch it. Stop right there and catch it...that feeling that came up when you read those words. This is actually the beginning of **STEP 1: SURRENDER**. So stop right here and write down everything you felt and thought when you heard that this OBSTACLE is your teacher.



### STEP 1: SURRENDER.

If you are truly ready to end the struggle, then it is time to commit to releasing MONEY or LOVE or HEALTH or DOING YOUR SOUL WORK or WHATEVER IT IS as an adversary, and letting IT be your friend...your teacher. So do it, right now. Take a deep breath and let go. Let go of trying to figure it out. Let go of doing it all yourself. Let go of beating yourself up when you don't do it right, or don't have enough, when the books don't balance, or the paycheck is not big enough. Surrender and let THIS ISSUE be your friend and ally. Feel this viscerally in your body. Drop the struggle. Even if just for a moment. Say out loud: *Ok, I surrender. What, "in God's name" have you been trying to teach me? I surrender. Show me. I am willing to see differently.* Then write down everything that comes in your journal.



### STEP 2: GETTING CLEAR

#### IN LIFE, YOU GET WHAT YOU HAVE THE COURAGE TO ASK FOR!

In order to move forward, we have to understand this fundamental rule: **WE WERE MADE FOR MIRACLES!** We are here to perform them...EVERYDAY! Every dream and desire that you have was placed in your heart for a reason, and everything in heaven and earth wants to conspire to make it happen. If you desire it, you were meant to have it. A miracle is just a shift in perception. Once you change your mind, the physical form has to manifest. So the question in this step is:

*In a perfect world, if you could have anything you wanted, the life of your dreams, your perfect end to whatever existential crisis you are experiencing right now, what would it be?*

Once you have answered this question as thoroughly and deeply as you can its time to answer part two:  
**Why? Why do you want it?**



This can get a little freaky for folks. We may want to say, "I don't know, I just do." Remember, no desire is wrong! If you want it, you want it for a reason. Really did in here. And by now, you may already know what's coming next: Be prepared for "the stuff." You know. The lies. Instead of all the reasons why you want and need this thing in your life, what may come up is all the reasons you have been telling yourself why you should not have it. If this happens to you, it is a good thing...a very good thing! These weird, funky thoughts are the very reason you are doing this exercise in the first place. So write them down too. (You may want to write them in a different color or put them in a different notebook or on a different page. We are going to address them next.) They are the reason we are doing this. These are the very thoughts we need to change. So get them out. Then, go back to the original question: *Why do I desire what I desire? What purpose is it going to serve in my life? Why do I absolutely NEED it?*

Once you are really clear, come up with a clear and concise intention of what you want to create. You know the drill: measurable, future oriented, positive and concise. Write it down! (If you are utilizing this in the workshop, use this for your CCT (Crystalline Consciousness Technique) session. It is important to know that this was one of the tools I used in my process. I had someone do a CCT Chart for me to bring in cash quickly. It happened within a week.) Making an appointment to get this done is part of your homework for this week.



**STEP 3: OBSERVATION**

As I alluded to in the last step, once you get real with yourself, everything that you have ever thought about why you don't deserve to have what you want is going to reveal itself. If it doesn't happen during the above exercise, just wait for it. It will. If you need a question to prompt you for this step it would be: **Why don't I believe I can have what I say I desire? Why don't I think I deserve it? What is the story I have been telling myself? Where does it come from?**

Beware, most of these ideas may sound really valid to you. After all, you have been letting them keep you stuck up to now. So you may have them rooted really deeply. This is where you begin to look at where they came from. **What were the stories you grew up with?** Where did they come from? What events around money or love or health or whatever your difficulty is, are still emblazoned in your mind? What emotions come up around those stories? What did they cause you to believe about yourself? Which of these belief systems are still running and how do they cause you to behave? What do they trigger in you, and what actions do you respond with? Get all this down on paper. Write the story of your life with Money.....or Love.....or relationships.....or health.....or weight.....whatever miracle you want to work on!



## Integration Dance



### Module 1 Homework

- Do steps 1-3 everyday
- Write the story of your childhood that is blocking you
- List all the things and peeps you need to forgive.
- Get clear on your intention
- Make your appointment for CCT



## Questions



### Closing Sacred Space