

# Extraordinary Soul Mystery School

## Module 17

### The Air Door: Spinning the StarMaiden Circle

Once again, we want to remind ourselves of where we are and what we are working with. First, we have The Big Moon Map is the overall map of our lives. Then we have all the versions of the StarMaiden Circle that are the directional foundation of all the circles within circles. As we drill down into each of these circles, we will see that the overlays of the StarMaiden Map apply to every single circle. We use one of the arrows in our quiver, every single time we make a choice, from the earth shattering to the most mundane. We learned how we actually break down those choices into steps that happen every time we make any choice, and that those steps are contained in the Infinity Movement.

This week we will learn that each of those steps, there is both a Masculine and Feminine aspect to each step, as well as a light and a dark aspect of each of those.

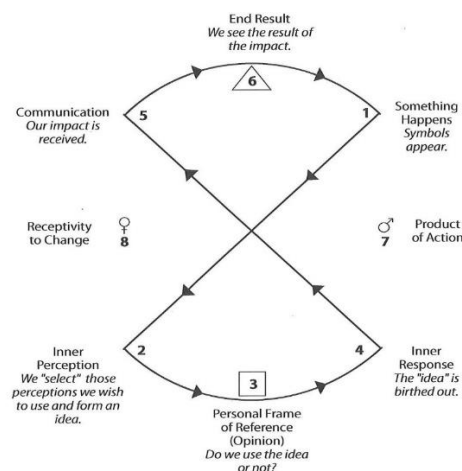
We will also learn about the different “spins” of the StarMaiden Circle, and how to “spin” your wheel to redirect your steps.

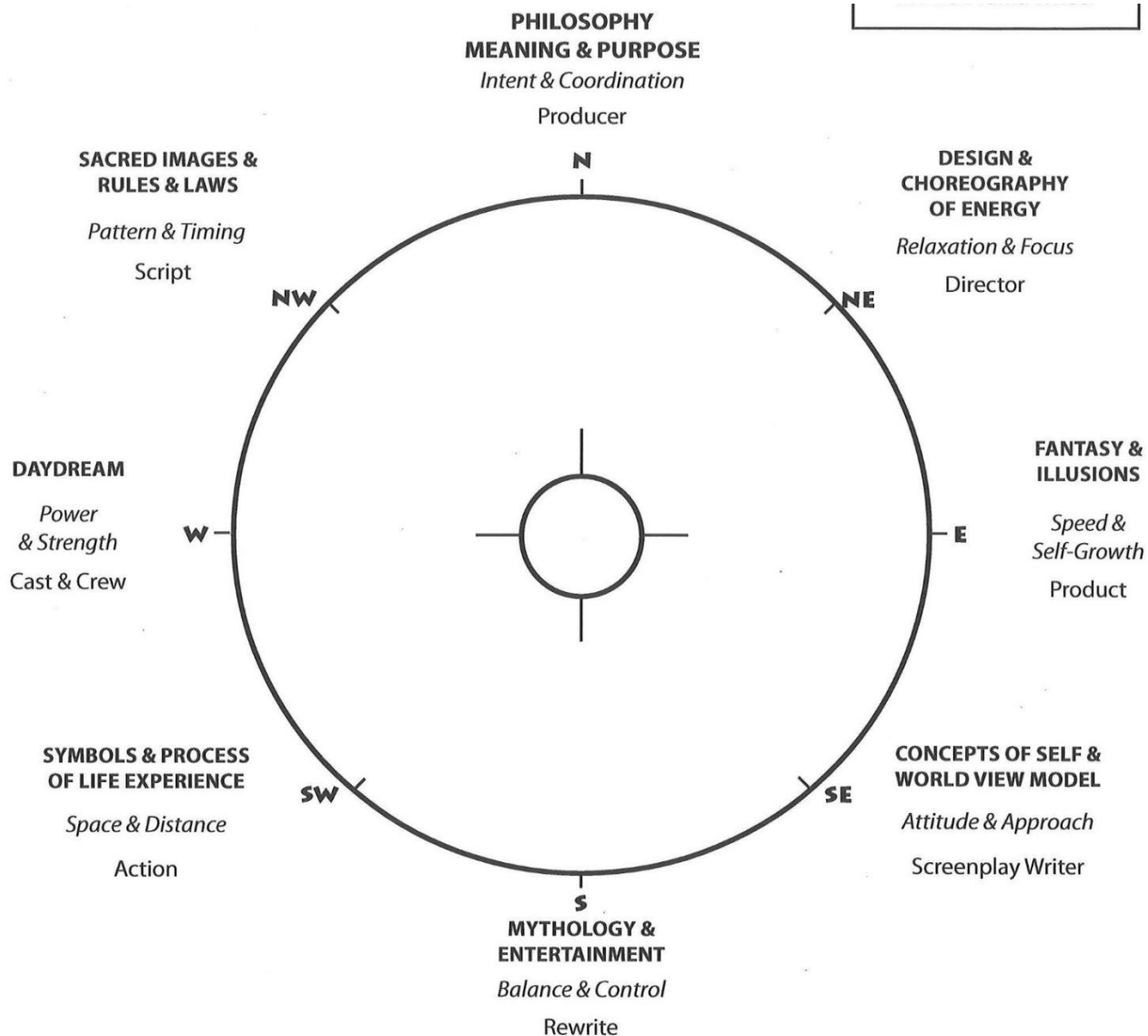
The only way anyone really learns how to use a tool is in the application and practice of it. The following is a simple wheel of the **STAR MAIDENS CIRCLE** with key words to identify the Dark and Light Mirrors, the **WARRIOR’S ATTRIBUTES** and the **MOVIE DRAMA WHEEL**. Take a colored pen and draw the Infinity Movement so that three is in your Birth Sitting Place (refer back to Chapter 3 page 43). Check your drawing against the paradigm wheel on page 58.

Use this Infinity Movement to discern the step-by-step process of how you naturally make sense out of the world. Know that Steps one through three happen in milliseconds within your brain. Step four is the key point where you determine the action. Step five is what you communicate to others and Step six is the end result. Reflect on how and where you dance with the balance of female and male energies all around the Wheel.

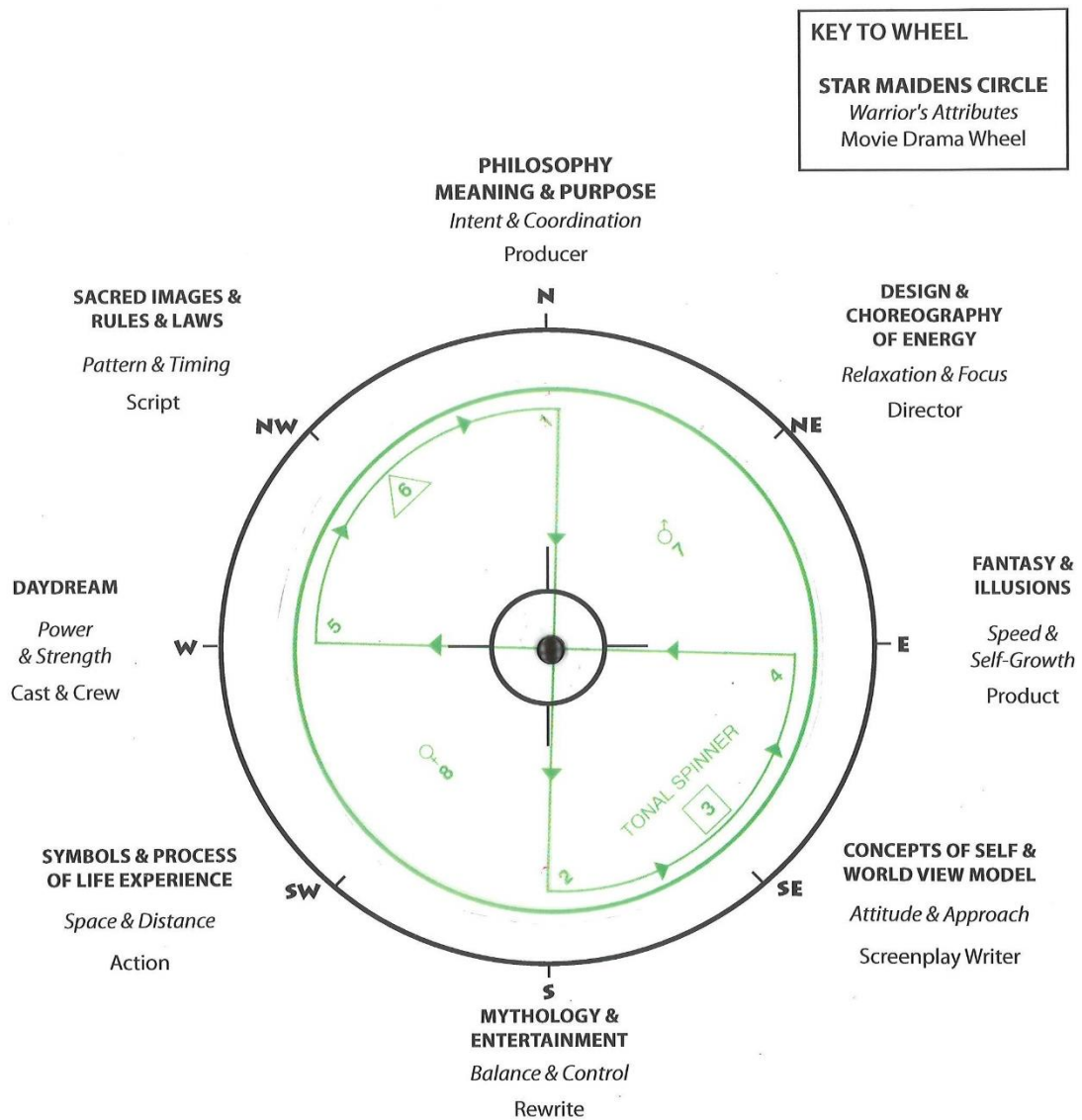
The **TONAL SPIN** is used when you want to understand the subjective process of life. It best illuminates the internal patterns which you run whenever “something happens” and you process that happening.

This was the Infinity Movement that was taught first. The eight Steps were given theoretical and psychological definitions. Each will be explained and a simplified key phrase given.





So place your infinity symbol for the TONAL spin, over the wheel above, with 3 on your birth spot, your sitting place. Notice where all the steps plot out. You may want to make copies of this page so you can use it to plot different positions as we move forward. You can redance your steps again and again, any time you feel the need to move some energy.



Now we are going to look at both the Dark and Light sides of the Feminine and Masculine Aspect of each step.

The following is a description of both the dark and light mirrors of the female and male energies as they exert their influence at each point around the Star Maidens Circle. Remember that balance is achieved when we can hold both energies with equal intensity.

## • SOUTH



### **Dark Reflection of the Female Energy**

The Helpless Victim Syndrome; needing to be rescued; pain tapes which place the female into the mythological roles of the damsel in distress. Without pain there is no gain. "I cannot be desirable as a woman unless I am needing to be rescued." "I am lost by myself."

### **Light Reflection of the Female Energy**

Based on a woman's ability to give with tenderness, to have humbleness and humility, willingness to be vulnerable. Choose pleasure and knowledge instead of pain and ignorance. Sensitivity to align with Grandmother Earth, Mother Earth and a resonance with the Four Worlds. When we are grounded in this way it is hard to throw us out of our center, for we are so connected to Nature that we can always experience healing and rejuvenation from Her.



### **Dark Reflection of the Male Energy**

The Macho-Male Syndrome. Based on the need to control, this energy is the height of self-importance. With this energy we must and can always "bring home the bacon" and "slay the dragon", but we are an emotional vampire and use our emotions to battle for control.

### **Light Reflection of the Male Energy**

One who can reach out to others when asked, can touch self, life and others with beauty. Total compassion, an innate sense of justice and multiple viewing points of righteousness. It is not dictated by emotions, but resonates with them and follows whatever is the strongest energy that is present. Able to persevere and is not a quitter.

## • SOUTHWEST



### **Dark Reflection of Female Energy**

Fear of any and all female energy results in closed symbols centered around womanhood. The basic core belief that is acted out here is that female = weak = lost, abandoned or attacked. These are the rape victims, the brow-beaten wives who completely give their power away and will not confront their dark mirrors on any level. Whenever this is so, tonal reality goes out of balance also.

### **Light Reflection of the Female Energy**

This is the explorer and adventurer who loves to open closed symbols because it is exciting to do so. The quality of receptivity contains no value judgments. It has multiple viewing points: first, the ability to see everything as it is; second, the ability to see alternatives and the ways it could be; and third, no expectations about how it must be. The quality of creativity includes the ability to understand our own resource circle and the limitations and boundaries it creates as well as the knowledge and ability to add to our resource circle in such a way as to extend those limitations and boundaries. This allows us to know when to delegate authority and when to do the task ourselves.



### **Dark Reflection of Male Energy**

This is the classic emotional and physical manipulator. The core belief that is operative here is: "The only way to succeed is to walk over people". This vindictiveness is the opposite of compassion. This mythology is held within and perpetuated by the rapist, wife-beater, successful executive, and the lead male role in many popular television shows.

### **Light Reflection of Male Energy**

Taking full responsibility for our decisions and actions is a prerequisite for this reflection. Putting ourselves onto the Mistakes Wheel (pg.179) and the Five Perceptions of Reality Wheel (pg. 182), by picking up the Light Arrows (pg. 64-66) and actualizing our dream, we throw ourselves into the center of our own circle. In this way, our life will become an ongoing Vision Quest. Life is a ceremony.

## **• WEST**



### **Dark Reflection of Female Energy**

In this case we are in a continuous war between female and male power in which there is no win-win solution possible. We are over-powered by the abilities of the male energy and give away our power to the male in order to survive. We blame male energy for everything that is wrong in order to avoid feeling guilty and ashamed for not honoring the feminine. In this context, a turnaround is necessary: women must become warriors and men must become nurturers.

### **Light Reflection of Female Energy**

Taking control of one's needs and wants, manifesting the larien (our psychic gifts). Holding with intimacy the preciousness of life and death, makes it possible for us to use our creativity, realizing that it is the dignity of life and death itself that must be defended.



### **Dark Reflection of Male Energy**

The driving need for material gain, possessions and success overrides intimacy and relationship. Rather than developing into a warrior who knows the balance of the female and male, we become a supreme manipulator and collector, mistaking that to be the warrior.

### **Light Reflection of Male Energy**

Here we see a sensitivity and respect of the highest order for life and others. This will prompt the following priorities: first, protecting our loved ones; second, providing for our reality needs; third, looking after ourselves. Another characteristic of this reflection is the ability to create a space of stability in an ever-changing and chaotic situation.

For both female and male energies in the dark, this reflection consists of living in the past while being worried about the future and, thus, being oblivious to the present. Caught in the dark, we blame life and others for our reality and are unwilling to see reality as it actually is, unwilling to take responsibility for ourselves.

When female and male energies are balanced, we gain the ability to gather together all our resources and walk our talk with impeccability.

## • NORTHWEST



### **Dark Reflection of Female Energy**

By taking on the molding, sculpting and armoring of the imagemakers, the rules and laws are compounded and taken into physical birth. The following rules and beliefs are formulated: "It is only through motherhood that my body is identified as female." "Giving birth is painful." "It is only through pain and suffering that I prove my worth as a human being." "I must trap, catch, maintain and hold onto that which I need." Unconsciously, this energy subjects the body to pain to prove its strength, to prove that it is stronger than that of a male body.

### **Light Reflection of Female Energy**

Understanding and knowing body language, body image and body rhythms is a natural gift that comes when female energy aligns itself with the cycles of the moon and sacred law.



### **Dark Reflection of Male Energy**

This is the rebel complex, fighting all rules and laws. This energy prompts death-producing scenarios to prove superiority over the female. Men go to war or engage in painful sports. This compounds our armoring and we are (or believe that we are) not capable of multiple orgasms. Our physical bodies are either "beefed" up or atrophied, lacking any muscle control.

### **Light Reflection of Male Energy**

Effortlessness is the key here. This energy allows us to get our body to do what it knows how to do naturally. We are able to expand any limitation and boundary in direct proportion to how fast we can imagine doing so.

The balance of female and male energies in the Northwest gives us the ability to alter our physical being and move through all time, space, dimensional realities at will using breath. Both female and male light reflections can be gained through understanding that the body is an image of sacred mind. The higher our overall energy, the more pleasure the body can experience. Techniques to work towards this are breath, imaging, muscle isolation and contraction, humor and the fire breath.

## • NORTH



### **Dark Reflection of Female Energy**

Without receptivity we become inflexible, opinionated and locked into a specific frame of reference. Creativity then becomes tunnel focused, one-directional, and anything outside of the one way is seen as wrong, bad and evil. Humanity or compassion is lacking, but definite moral and ethical judgments and prejudices abound.

### **Light Reflection of Female Energy**

In order to achieve this, the molded, sculpted and armored core beliefs must be eliminated from our frame of reference. Receptivity, creativity and forbearance are used to develop the highest potential of the mind and the most comprehensive points of view.



### **Dark Reflection of Male Energy**

This energy begins to determine with the mind (that is the brain) according to the molded, sculpted and armored core beliefs. This will manifest as dogmatism and a holding to inflexible tradition.

### **Light Reflection of Male Energy**

Active male energy in the light is able to apply intent, focus and a firm commitment to follow through. Conceptive male energy in the light utilizes the full resources of what has been planted without any waste.

For both the female and male energies in the dark there are two common, inappropriate choreography choices made: one is the mind is used as a determiner (which manifests as fanatical and/or sociopathic behavior); the other is the mind is used as a giver (which manifests as hyperactive or hypochondrial tendencies). In order to achieve a balance of the North female and male energies in the light, explore a minimum of nine viewing points on anything that requires a decision. Choose the one that will ensure the longest pleasure and the greatest learning. At that point you are able to stay in clear and pure mind. Understand the value of knowledge in all aspects of self-expression.



## • NORTHEAST



### **Dark Reflection of Female Energy**

An improper implosion of energies results in the inability to properly use our receptive and creative energies in any way that leads to resolution, choice or decision-making, let alone to solution. Although we are always dealing with change and movement, including the twenty percent law of chaos, this dark female energy procrastinates, puts off making a decision and cannot make up its mind.

### **Light Reflection of Female Energy**

Proper implosion results in being receptive to seeing every issue that is possible to see and being creative to see the many possibilities and to move decisively within each issue that is presented.



### **Dark Reflection of Male Energy**

Improper explosion of energies results in reaction without a proper response or pure action. At the moment of choice we tempt the laws of chance, gamble, and thereby increase the chaos. Again our actions are irrational and dogmatic. Old patterns are re-enacted even though they may not be suitable to a new situation. Rash decision-making and/or impulsive, obsessive-compulsive behavior are common.

### **Light Reflection of Male Energy**

Proper explosion of energies results in being open to the direction of movement that the Universe is taking and taking action to move with it. This is minimum effort with maximum efficiency. It is knowing when to act and when not to act or to leave the situation.

Improper balance of female and male energies, compounded by those in the dark, lead to the development of a fanatical personality, fanaticism and even to terrorism.

## • EAST



### **Dark Reflection of Female Energy**

Although the female energy in this place should be determining with passion and lust, we see a complete denial of orgasm, self-pleasure and knowledge. When we are unable to understand the essential part that sexuality plays in the health of our body and in our general happiness, we shut down both our receptivity and creativity. Often we hold others responsible for our orgasticness.

### **Light Reflection of Female Energy**

In this case we have the ability to focus our orgasticness through our free will and, thus, be completely open and receptive to our full creativity.



### **Dark Reflection of Male Energy**

This is the inability to express our self without looking for approval and recognition for what we have done.

### **Light Reflection of Male Energy**

This is the ability to put into action the power of our orgasticness through our free will, and to give pleasure and knowledge to the world for the pure joy and beauty of doing the give-away.

The dark reflection of both female and male energies occurs whenever we live our life for others. We have no vision, no artistic originality and creativity. This leads us to take a job or career because others want us to do it. Our self-worth and self-esteem are dependent on the recognition, acceptance, approval and support of others. We act out a fantasy, based on the illusion (rather than the reality) of who we are and what we are doing. A complete balance of the female and male energies in the light leads us to individual freedom and autonomy.

• **SOUTHEAST**

♀ **Dark Reflection of Female Energy**

⊕ This is the classic “poor me” syndrome. We choose the dark arrows to validate our existence because we are receptive only to our own circle of fear and thus create a life in fear. It seems, at this point, that we know ourselves only by the amount of fear we experience.

**Light Reflection of Female Energy**

We use the quality of receptivity to pick up the arrow of self-awareness, and we use our creativity to pick up the arrow of self-appreciation and self-acceptance.

♂ **Dark Reflection of Male Energy**

In this case, the dark reflection comes out through a low concept of self and is expressed in revenge: “You better... or else!” “If I hurt, so should you!” We actively look for ways to prove ourselves at the expense of others. The conceptive aspect leads us to enjoy the pain of others. It may even lead to sadomasochistic behavior which has an obsessive-compulsive flavor.

**Light Reflection of Male Energy**

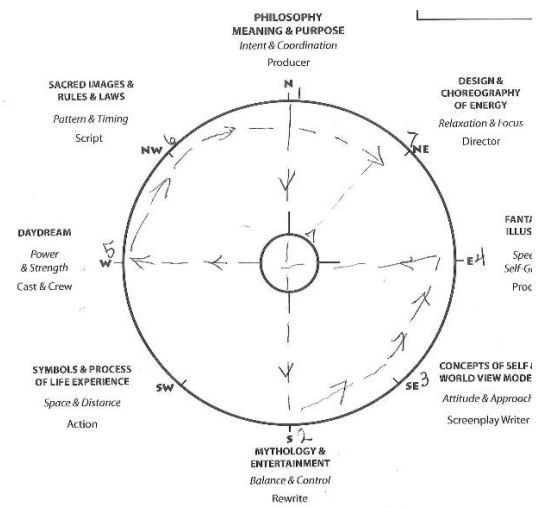
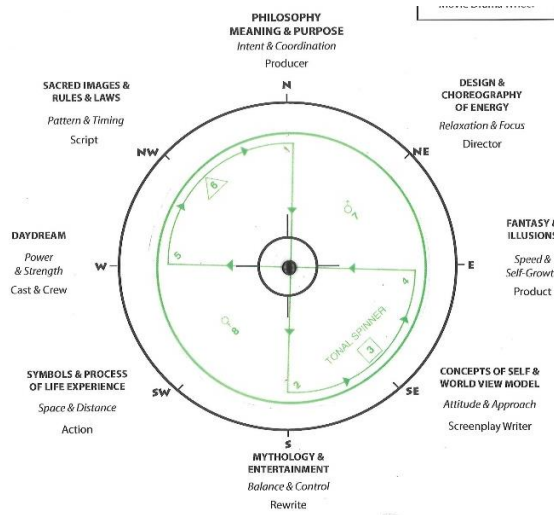
The active energies are now used to pick up the arrows of self-pleasure and self-love, and the conceptive energies are used to pick up self-actualization and impeccability.

If both the female and male energies are utilized in the dark, phobias are often the result. A perfect balance of the female and male energies in the light brings to us the Rainbow Arrows of illumination and enlightenment; introspection and intuition; trust, innocence and perfection; balanced alignment with wisdom; open heart to heart communication; impeccability as one’s self-worth and the actualization of our Sacred Dream.

Once we know the different aspects, we can begin to look at how we were programmed to dance the dances we danced, and how we can re-program ourselves to learn from our past and dance our dances consciously.

Our programming is contained in our dance of the Fox. It holds our dark arrows. We will reprogram ourselves with our dance of the Wolf. These (along with the dance of the Coyote, which we ponder but don’t actively dance) will be the only two that we use in this program. I have included the other dances here, so you can see the vastness of these teachings. If we learn how to dance the Walk of the Wolf with grace, our Earth-walk will become a joy.







## THE NINE SPINS OF THE STAR MAIDENS CIRCLE

As mentioned, the Star Maidens Circle is the key to our process of self-growth and development. It both highlights how we run our patterns of pain and shows us how to break open those patterns by illuminating the way out of pain and into pleasure. It takes Nine Spins to accomplish this fully. That means a lifetime of commitment to break each and every pattern that keeps us from the Light. Focus on pleasure and self-knowledge. This is the Great Work.

### • FIRST SPIN



#### **The Circle of Foxes**

The fox is the keeper, protector and provider of the family. Our initial Spin is based on what we learned from our family during our childhood. It is those patterns which keep intact the family ways, myths and patterns. It is the story of how we learned to adapt, fit in, belong and conform. In other words, this is how we survived within the status quo. These patterns form what is known as our "mask of self-pity". Our Shideh, "the one who cannot see", chooses the dark arrows, the dark mirrors and is at the effect of others' approval, recognition and acceptance for security and identity. We often do not even know we are doing this.

Place 3 of the Infinity Movement in your birth Sitting Place and read the story of your Circle of Foxes. Use only the dark mirrors of the Star Maidens Circle. This story will give you no access to the Warrior's Attributes.

### • SECOND SPIN



#### **The Dance of the Coyote**

The coyote is the trickster, clown, knowledgeable fool, and is called the teacher and protector of the children. The coyote is extremely survival adaptive. This Spin does not ask us to change our patterns. It simply flips them over to reveal the light mirror. Doing this actually reveals our mask of self-pity for what it is. It can only make us laugh at how we got caught in biting our own tail. From this place we can begin to identify our pain tapes, and the laughter heals some of our pain. Then we will be able to see the potential of our birth's Sitting Place.

### • THIRD SPIN



#### **The Walk of the Wolf**

The wolf is the teacher of the Path with Heart; the teacher of beauty, leadership, wisdom and healing. The wolf never takes the wrong path. It has the discipline necessary to stay on a difficult path and the wisdom to know when to deviate from it. The Walk of the Wolf requires us to break the old pattern so that we can find our path, our way, our beauty.

Identify your Dancing Place (5 of the Sitting Place movement). Place 3 into that direction. Notice how that puts the 1 of the Infinity Movement into your birth Sitting Place. This Spin puts the light (1) into the dark (3). This is the first Spin where you can dance with the individuality, autonomy and freedom of your own free will choices.

### • FOURTH SPIN

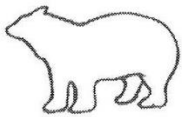


#### **The Flight of the Eagle**

The Eagle is the messenger of the Great Spirit to our Hokkshideh (Higher Self). This is the Spin that allows us to actualize the new pattern of power. Now when "something happens" we immediately look at it from the new perspective, for 1 (the light) is still in our original Sitting Place. The Warrior's Attribute of that direction is accessed and the original pain tape is stopped. It's not that the pain tapes are erased, as they serve to keep us awake. However, through new internalized knowledge, we can stop the tape and act (rather than react) from the place of personal integrity. This is called a Warrior's Act of Power or sobriety. We are awake, aware and alert to reality as it really exists.

It is rare that anyone masters and moves beyond this level of development. We describe the fifth through tenth Spins here to show the potential of human development and growth.

#### • FIFTH SPIN

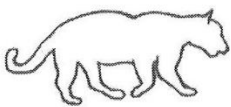


#### **The Pace of the Bear**

The bear is the keeper, protector and holder of dreams, the art of dreaming and controlled dreaming. The Pace of the Bear is the "art of controlled folly". This means a carefully controlled and chosen choreography of acting, a conscientiously chosen art of deception. To achieve this we must accept that, from the moment of birth, we have always been acting. As a child we learned everything through miming and mimicking the behavior of others. As we grew, layers of learned responses were added. We call this our molding, sculpting and armoring. In essence, we are saying that nothing we have ever done is real, even though we have experienced it as such. This Spin necessitates that you recognize the game, the drama, the movie that is your life. Then you can decide to rewrite the script and act as if you are the hero/heroine. Apply the Movie Drama Wheel. Control the folly into a success story, into becoming who you really are. Then you can play the games without buying into the whole package of conformity.

This is accomplished by placing the 3 of the Infinity Movement into your original Working Place (6). That means you are willing and able to see reality one hundred and eighty degrees opposite the original drama of pain. This puts into motion the Five Movements of the Book of Life (cf. pgs 173-174)

#### • SIXTH SPIN



#### **The Stalk of the Jaguar**

The jaguar is the keeper of memory and the protector of the ancestor spirit world in the fifth dimension. For many, the jaguar symbolizes defeating or destroying evil or the darkness.

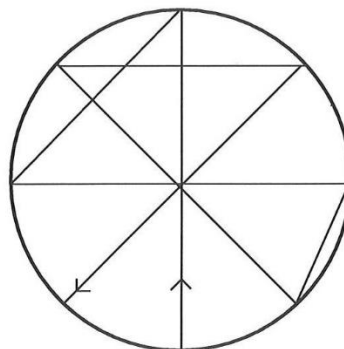
In this Spin you start in the Southeast regardless of your birth Sitting Place and apply only the light mirrors of the Star Maidens Circle. You move around the wheel in a counterclockwise direction ending in the South. This Spin allows you to do controlled dreaming and access memory.

#### • SEVENTH SPIN



#### **The Flight of the Feathered Winged Serpent**

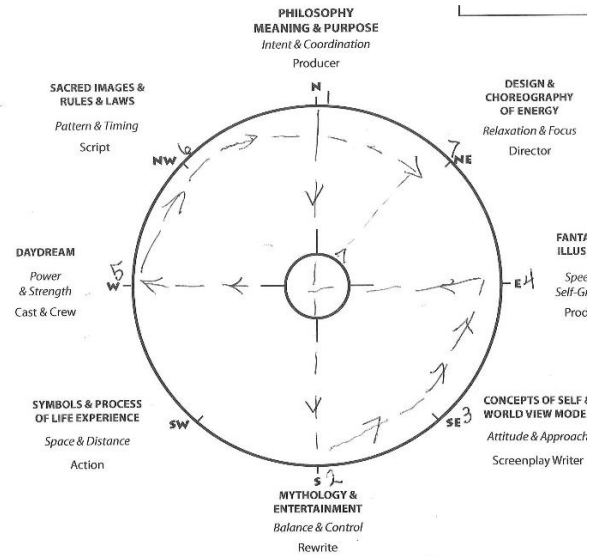
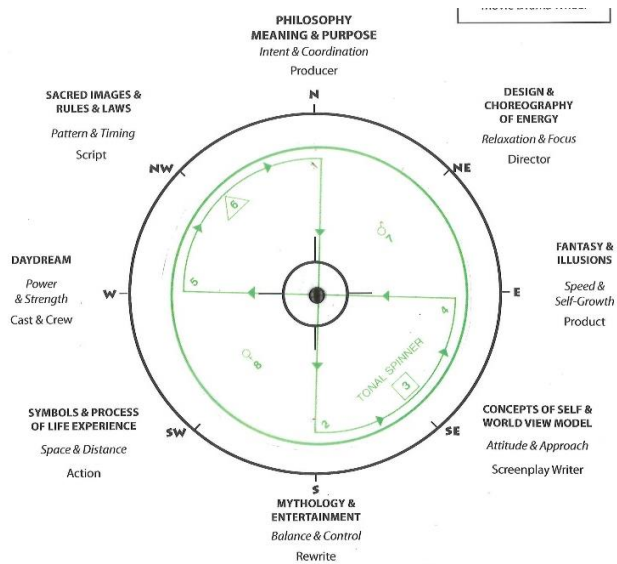
The feathered winged serpent represents the Great Spirit. Mastery of this Spin is a requirement of the twelfth Ceremonial Gateway on the Sweet Medicine SunDance Path. It is called a lightning bolt movement. The basic movement is: South — North — West — East and then Southeast — Northwest — Northeast — Southwest. All applications of the directions are done using the light mirrors only.



In the end this puts us in the Southwest, the place of our life's process. This movement uses the entrance and exit points on our own Infinity Movement as gateways so that we can move in and out of any of the directions at will. Emotional shock naturally presents us with this opportunity. The question is, can we stretch and hold our imagination long enough to make the jump?

## Homework:

- Lay your Infinity Tonal Spinner on your wheel with “3” in your birth position.
- Beginning with Step 1, look at each position, and consider what it says about the Dark Arrows of the Masculine and Feminine and how it relates to your “programming.”
- You will also want to consider which direction it relates to. (Look this up in Module 14.)
- Write a release intention on a 3-5” card. We will use these to make your dark arrows. Don’t make the arrows yet. Just get your cards ready.



## EXPLANATIONS OF THE STEPS ON THE INFINITY MOVEMENT

You must be aware that Steps one through three occur faster than you can snap your fingers. On pages 84-87, the mental exercise in Tools for Application invites you to work with the Infinity Movement. It lists specific questions to ask yourself as you spin around the Star Maidens Circle. The Steps are delineated here in order to assist you in gaining consciousness and understanding of your process.

1. *Objective Input Stimulus* *SOMETHING HAPPENS.*  
**Attention** **FOCUS**  
When something happens, it catches your attention and you focus on it. Knowledge beckons. This is the starting place of your perception. You are in the moment of perceiving what is happening.
2. *Subjective Perceptual Reaction* *INNER PERCEPTION*  
**Focus of Intent** **SUBSTANCE**  
A perceptual filtering process occurs internally. You go inside into introspection. You search for the substance of that which has caught your attention. Your inner perception is how you make sense of what happened. This is what will help you formulate your focus of intent.
3. *How you feel about it* *PERSONAL FRAME OF REFERENCE*  
**Attraction** **FORM**  
Notice that three has a box around it. This step frames, defines or gives form to your perception. When applying the "spinner", this 3 is always placed in the direction you want to understand. It is the SITTING PLACE. It is where you sit on the Wheel when you ask your questions so that you gain perspective of how you feel about it. The box around the 3 also refers to the boundary and limitation of the focus of your attention on the attraction. The movement from 2 to 3 reflects your inner dialogue that occurs when you are trying to make up your mind about what you will do.
4. *Internal Subjective Response* *INNER RESPONSE*  
**Empowerment** **DETERMINATION**  
The question now is "Whatcha gonna do?" You make up your mind, choosing either beauty or pain, balance or disharmony, knowledge or ignorance. You make a determination about how to respond. Do you co-empower or do you choose co-dependency?

If you are working the Nagual Spin, there are several checks and balances present at this time. Look at numbers 4 and 1 combined to see if you will gain understanding at 5 with this determination. If your determination is ambiguous, your understanding will remain incomplete and how you come across to others will be quite different from your internal decision. Also, what you decide at 4 determines what you will get as an end result in step 6.

5. *External Subjective Response* *COMMUNICATION*  
**Impact** **UNDERSTANDING**  
This step identifies the action you actually take and how that is perceived by others. How and what does your action communicate to others and what do they communicate back about your action? This is also known as your DANCING PLACE, the place in your birth Sitting Place Infinity Movement where you most easily dance your power and beauty.  
  
Understanding is achieved via clarification, validation and integration. Seeking verification, basing your decisions on what you already know to be familiar, will elude true understanding. For two people to establish and maintain an energetic connection, one must have understanding of how your communication impacts the other (and vice versa).

At the fifth step the energy leaves the circle of self and makes impact. Taking a look at the relationship between 5 and 3 will give you a reflection of how you communicate who you are in the world.

6. *The Effects of your Action*

**Dominion**

What happens as a result of your actions?

Pay attention to the reaction or feedback you receive from others.

**END RESULT**

**IMAGINATION**

The number 6 has a triangle around it. This designates the WORKING PLACE. This position, directly opposite the Sitting Place, identifies the area of solution. It holds the way out of the box around 3, for the triangle could also be seen as an arrow pointing the way out. This step shows the affect of your choices and action. Did you have what was necessary to be in dominion, or are you being dominated or dominating? To be in dominion is to be in charge, at cause, in the center of your own circle. You are neither at the effect of others (dominated) nor are you choosing to step into another's circle (dominating).

Notice that this step leads you right back to the starting place. Have you taken the focus to a higher level? Do your actions lead you to freedom?

IT IS AT THIS POINT THAT THE TONAL AND NAGUAL SPINNERS ARE QUITE DIFFERENT. Explanations for the Tonal Spinner will be completed first and then steps seven to nine of the Nagual Spinner are explained.

Regardless of which Spinner is used, the female and male energies influence and are at play in every other direction around the wheel. On pages 73-77 you will find a thorough description of the female and male influences around the Wheel of Life. You have all learned the basics of female and male energy from those who were significant to you, especially during your earlier formative years.

*In the Tonal Spinner, the seventh step is the male energy and the eighth step is the female energy.*

7. **TONAL SPIN**      **Male, active-conceptive energy**

**PRODUCT OF ACTION**

This refers to the focus behind the action, the product of your action.

Does your action produce something viable?

Does it help you to progress in your self-growth and development?

Are you taking responsibility for your actions?

8. **TONAL SPIN**      **Female, receptive-creative energy**

**RECEPTIVITY TO CHANGE**

Receptivity to the necessary changes is essential to breaking pattern and embracing new ways.

This refers to the intent behind the behavior.

*In the Nagual Spinner, the seventh step is in the center of the circle, the eighth step is the female energy and the ninth step is the male energy.*

7. **NAGUAL SPIN**

**Taking Responsibility**

**FREEDOM**

At this step you are standing in the center and able to see all points of view.

Freedom cannot exist without responsibility. What is the price of your freedom?

8. **NAGUAL SPIN**

**Forbearance of Experience**

**PATTERN**

It is from this place that you assume authority for what you know as well as for what you do not know.

Past experience will help you to discern the nature of the pattern at work.

Forbearance is what is needed when you adopt a changed pattern that works.

9. **NAGUAL SPIN**

**Immediacy of Action**

**CHAOS**

It is at this place that you step into the power of the moment and do the best you know how to do in that moment. Action is immediate and spontaneous in nature. It must again be accompanied with

taking responsibility for that action. Within chaos you will meet the silent knowledge that takes you into completion.

10. **NAGUAL SPIN**

**Freedom exercised**

**COMPLETION**

This step occurs when responsible freedom is exercised.

The cycle is completed even as a new cycle is begun.