

# *Portal 5 – Sacred Healing*

The Grandmother this Month: She Who Heals –  
Intuitive Healer, Midwife, Herbalist

The Keeper of the Healing Arts

The Singer of the Death Song and Keeper of the Life and Death Mysteries;  
The Guardian of the Medicine Roots and Healing Herbs and the Servant of  
Humankind; The Mother of Intuition, All Rites of Passage, Cycles of Birth  
Death and Rebirth

She teaches us:

- How to serve others with a happy heart, using our healing abilities;
- How to understand and honor the life cycles of birth, death, and rebirth;
- How to believe in the miracles of life through our connections to our Spiritual Essences;
- How to understand the Plant Kingdom and the healing uses of all parts of plants;
- How to Serve the Truth.

Prayer:

*“Divine Mother, assist me in seeing myself in alignment with Creator Spirit through your healing energies, the true Source of all Spiritual healing. Assist me as I create a beautiful mind capable of opening to Spirit in every way. Strengthen me, renew me, baptize me in Spirit, that I may know that I Am free of the false belief systems within this earthly existence. Assist me in seeing myself as spiritually, mentally, emotionally and physically whole. As I heal my spirit more and more every day, may I see myself as an instrument, a tool, to inspire sacred healing in every soul I meet that is seeking spiritual union with the Divine.”*

**Oil:** Frankincense & Myrrh    **Tea:** Ginger    **Stone:** Blood Stone  
**Flower Essences:** Wild Rose, Walnut, Agrimony, Gorse, Gentain    **Color:** Red  
**Journal Questions:**

What in your life needs to be healed? Is there anything that needs to be purged from your life? What do you need to give yourself so you can really shine your light?

Chants:

**I Am a Sacred Woman**

**Om Shri Dhanvantre Namaha**

(Om Shree Dhahn-vahn-trea Nahm-ah-hah)

“Om and Salutations to the Celestial Healer.”

To be chanted for assistance with any kind of healing.